

MR: From Past to Future

MR'da Geçmişten Bugüne

Markus Buchgeister

Medizinische Physik,
Universitätsklinik für Radioonkologie, Tübingen

University Clinic Tübingen



Department for Radiooncology



Tübingen's Hölderlin tower
at the river ,Neckar'



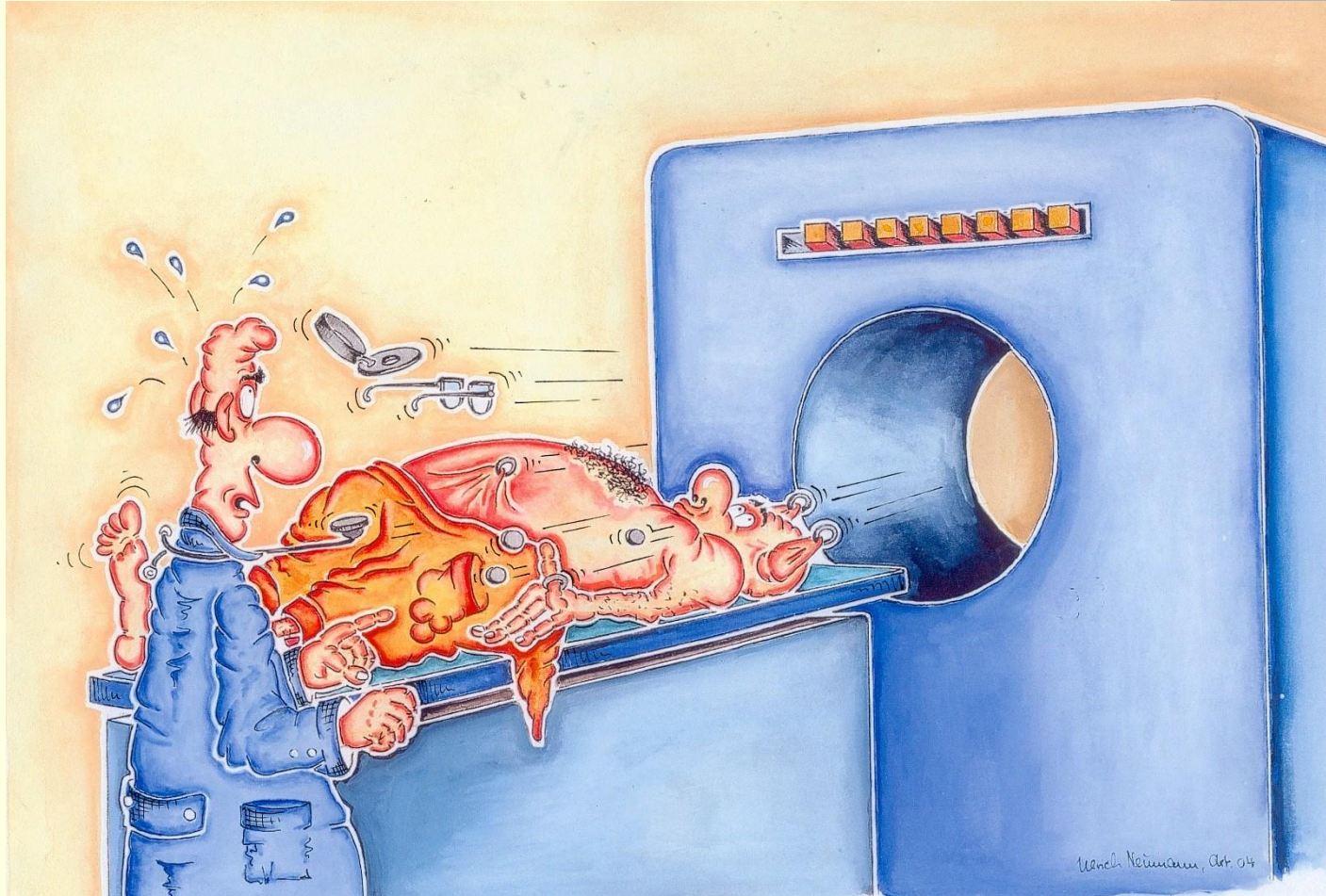
Stereotactic RT treatment

The very beginnig: What is magnetism?

Historic origin of magnetic mineral:

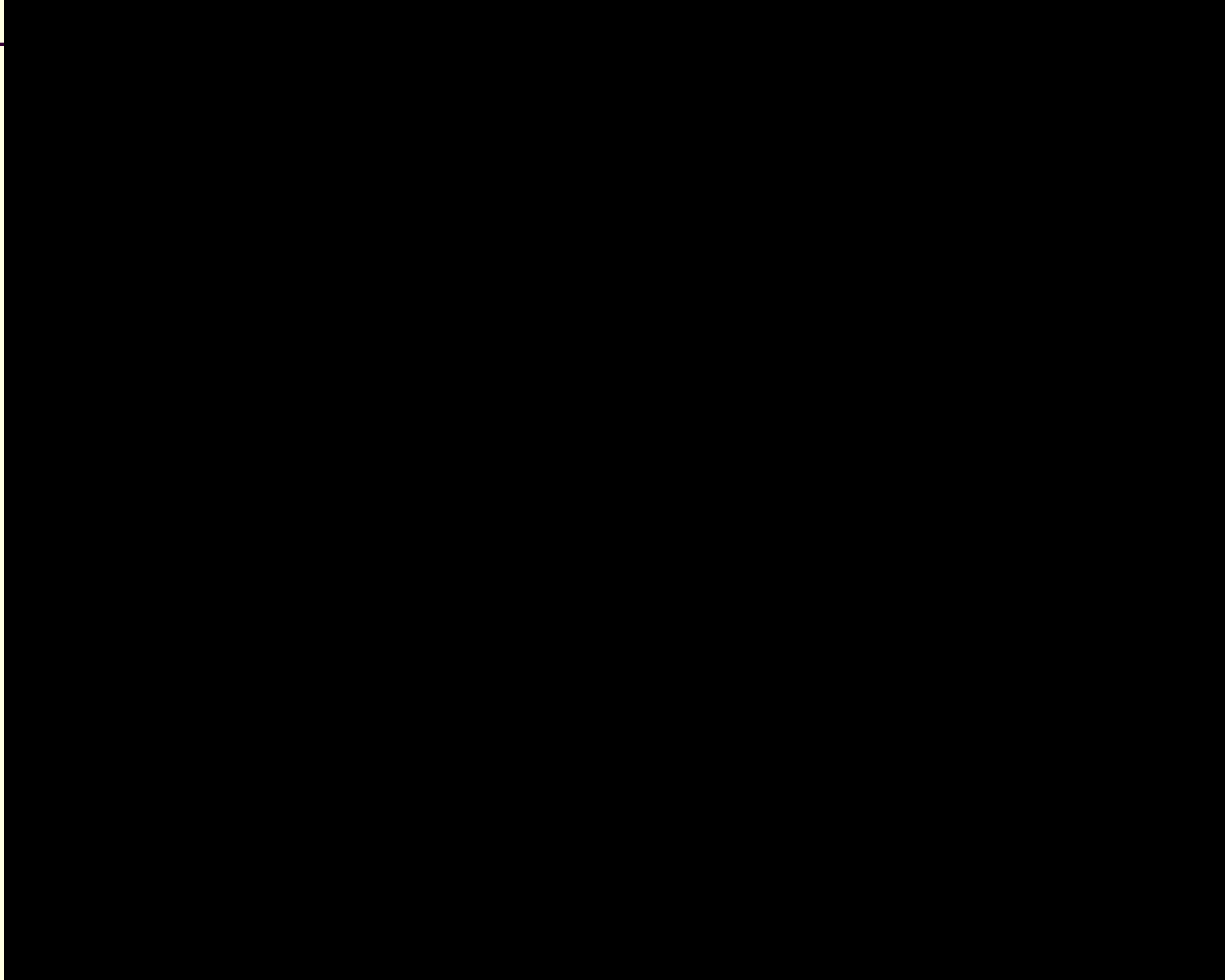


Magnetic forces of MR scanners



U. Neumann, Germany

Magnetic forces of MR units



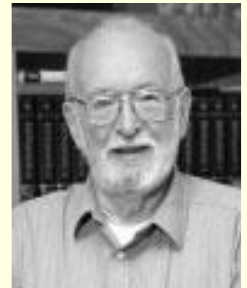
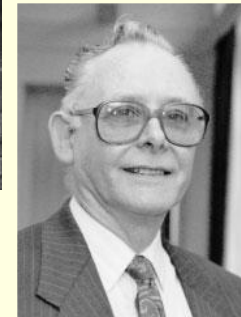
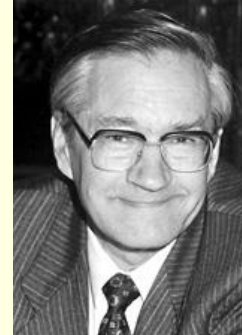
Siemens
MR safety
video clip
with sound!

Nuclear Magnetic Resonance (NMR)

- NMR experiments by I. Rabi (1939 nuclear spin),
F. Bloch/E. Purcell (1945 NMR discovery)
R. Ernst (1975 Fourier-Spectroscopy)
- Images from MR:
 - P. Lauterbur: Space encoding by gradient fields
(1973)
 - P. Mansfield: Image reconstruction,
Echo-Planar-Imaging (EPI) (1977)
- What about the third: R. Damadian (1971,1977) ?
Identifying tumor by NMR from its
relaxation time !??

History of MR related Nobel prizes

- Physics: 1944: I. Rabi
1952: F. Bloch
and E. Purcell
- Chemistry: 1991: R. Ernst,
- Medicine: 2003: P. Mansfield
and P. Lauterbur



History of MR Imaging: Technology of 1977



MR Scanner: „Indomitable“



First MR image of
Larry Minkoff
(took 1h to scan!)

R. Damadian

MR scanner in Aberdeen, UK

“Mark I”, 1979

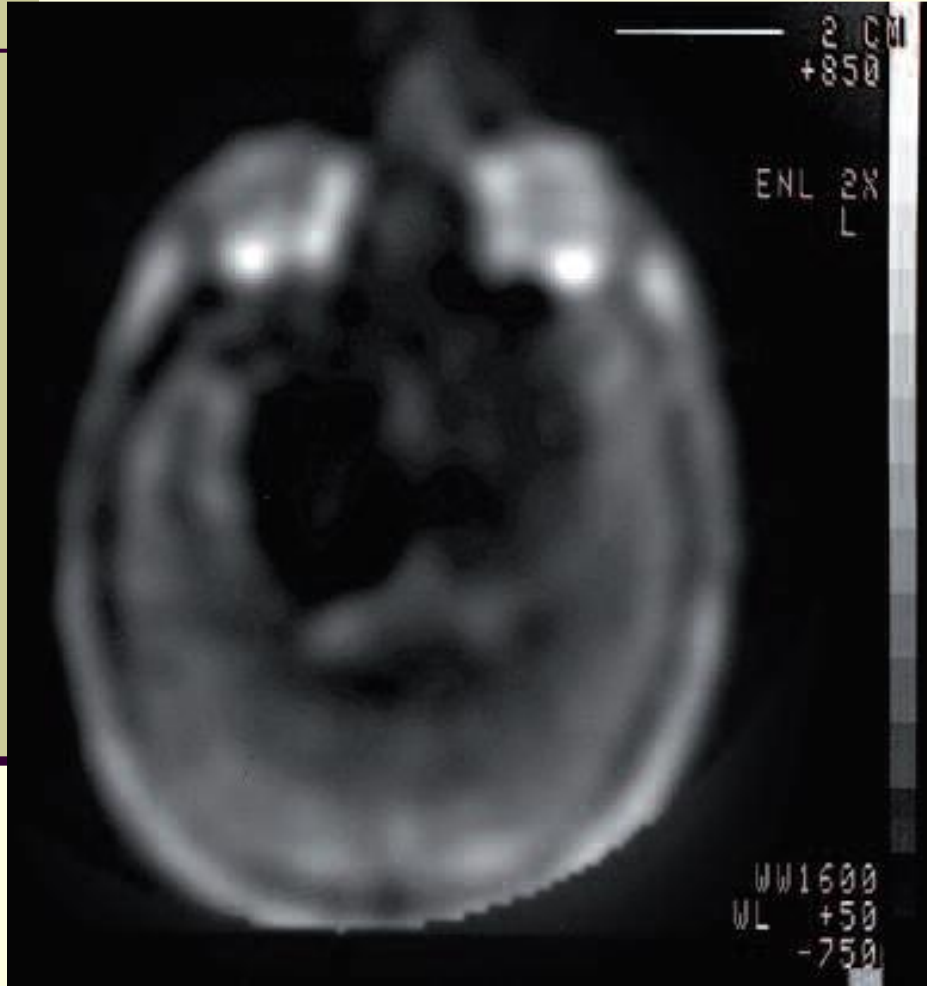
John Mallard:

Spin-wrap technique:
Gradient and phase
encoding for 2D image
slice

- World's first clinically-used MRI scanner
- 0.04 Tesla (1.7 MHz)
- Used to image 1000 patients in early 1980s



First image of human brain in Europe with a Philips MR (0.15T)

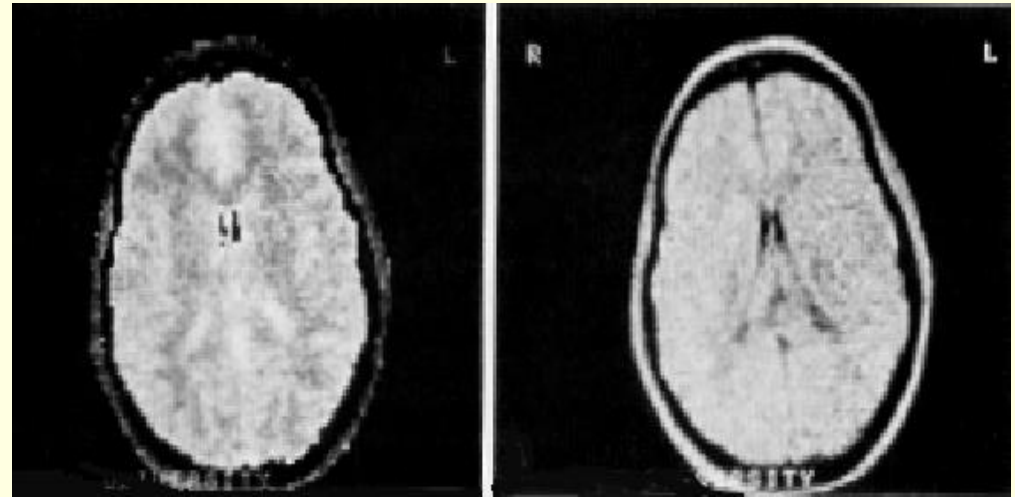
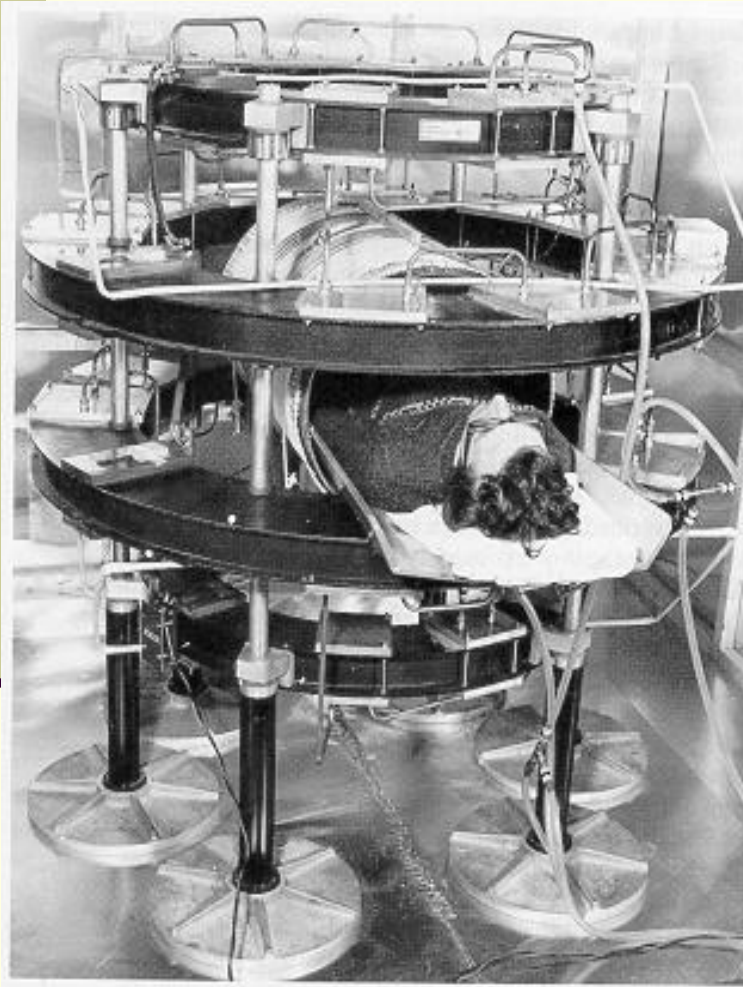


December 3, 1980:
½ h for acquisition of single slice, several hours for reconstruction.

Image: head of André Luiten, standing at the MR scanner above

MR scanner in Aberdeen, UK

“Mark I” MRI, 1981



MR-images 1981
Acquisition time ~45 min.

Aberdeen “Mark II” MRI, 1983

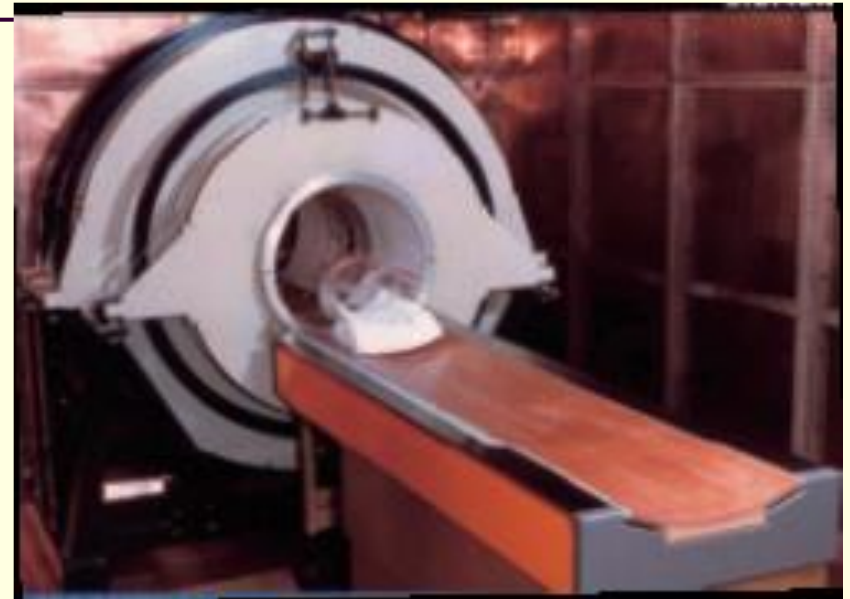
- Same basic design as Mark I
- 0.08 Tesla (3.4 MHz)
- Used to image 5000 patients between 1983 and 1992
- Formed basis of commercial scanners (M&D Technology and Asahi Medical)



Early MRI at Siemens/Germany

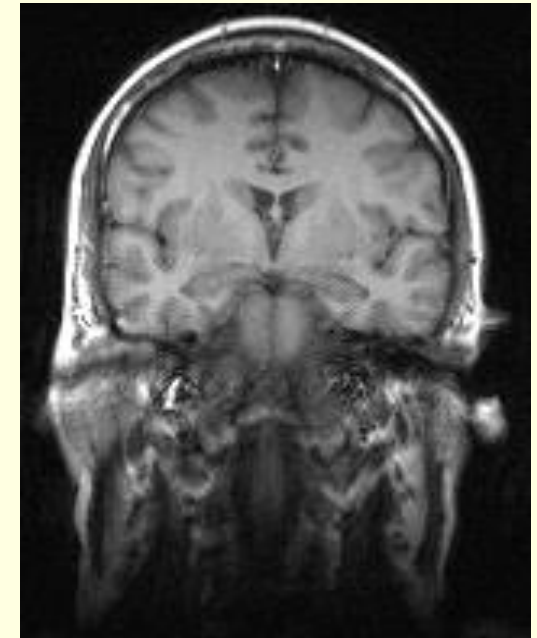


First MR-image 1979:
a pepper



Resistive magnet,
field strength: 0.2 Tesla

Siemens MR technology in 1985



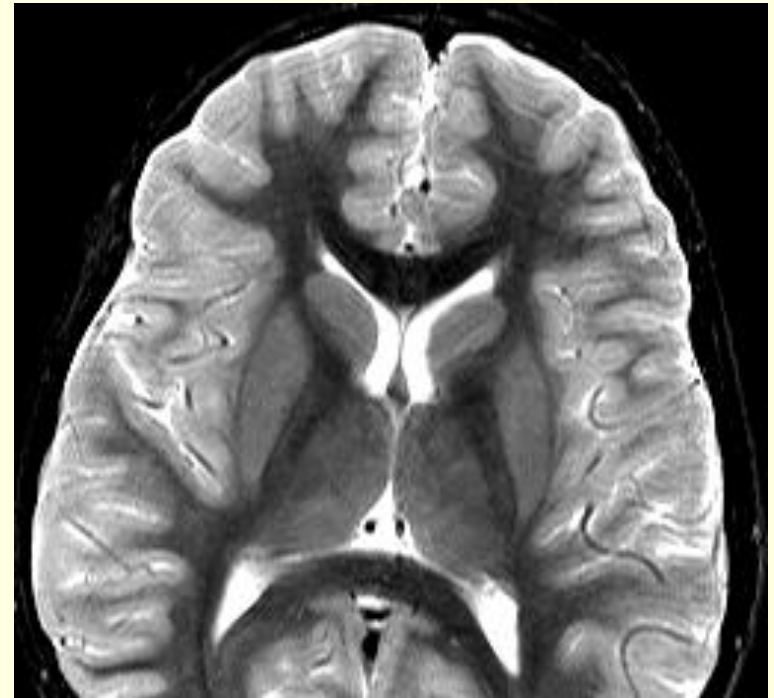
Siemens Magnetom, 1.5 T,
Gradient field: 3 mT/m

First MR in Tübingen:
Acquisition time ~10 min.

Siemens MR scanner at Tübingen



1.5 Tesla, Gradient field: 40 mT/m



T₂w-Turbo-SE-tomogram
Acquisition time: ~1 min.

MRI scanners for special purposes: Orthopedics (ESAOTE/Italy)



Extremety-MRI
system C-Scan,
ESAOTE

MRI scanners for special purposes: Veterenarian orthopedics

(ESAOTE/Italy)



MRI scanners for special purposes:



Upright patient
scanning

FONAR pMRI 0.6 T,
resistive magnet

(Field focused Nuclear
magnetic Resonance,
R. Damadian's company)



Open MR: Philips Panorama HFO



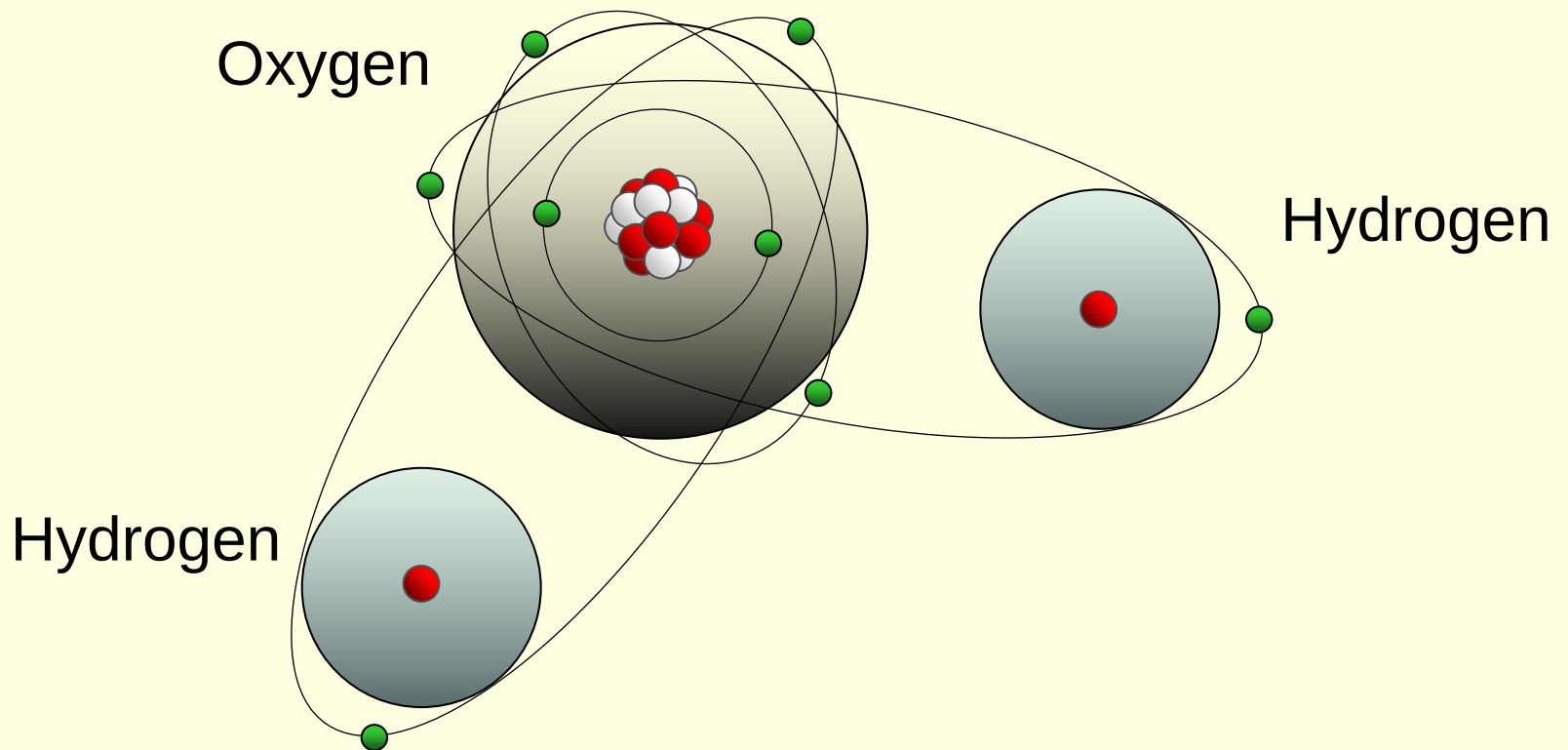
1 Tesla, superconducting magnet („donut“),
MR simulation for radiotherapy possible

Now comes the physics!



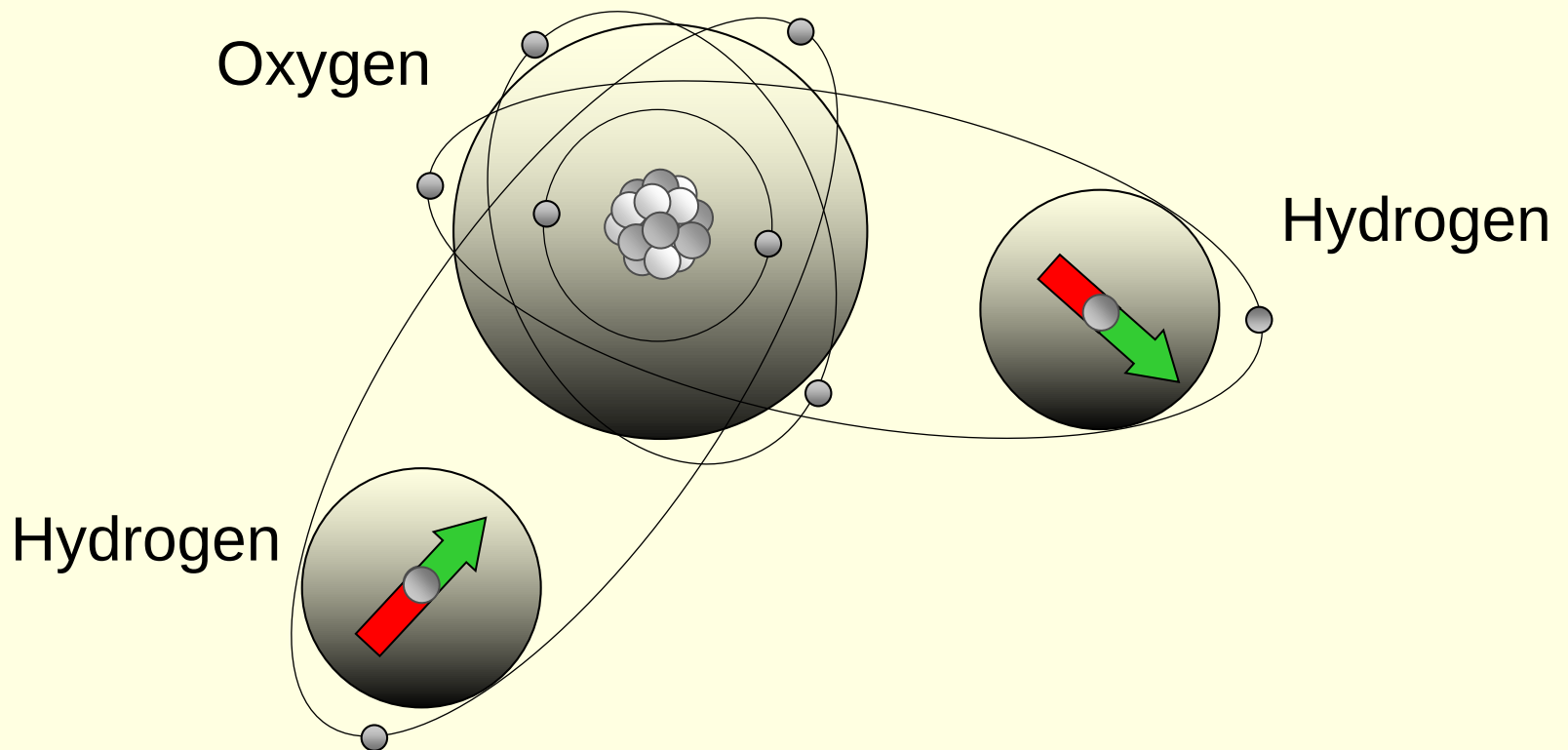
Nuclear Magnetism

The water molecule:



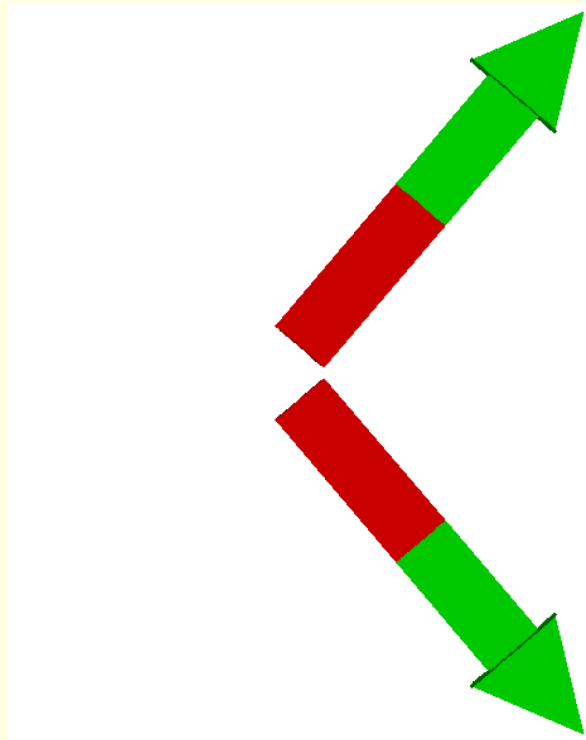
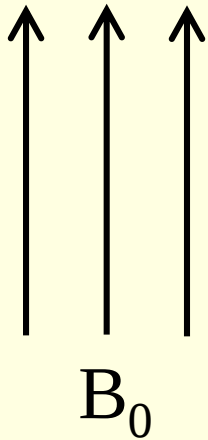
Nuclear Magnetism

The water molecule:



Nuclear Magnetism

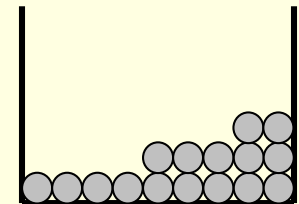
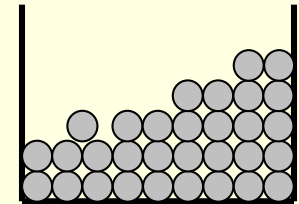
^1H nuclei in a magnetic field



Quantisation



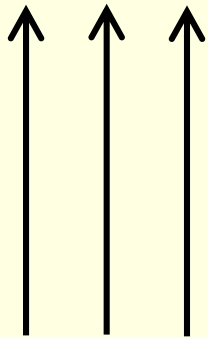
$$\Delta E = \gamma \hbar B_0$$



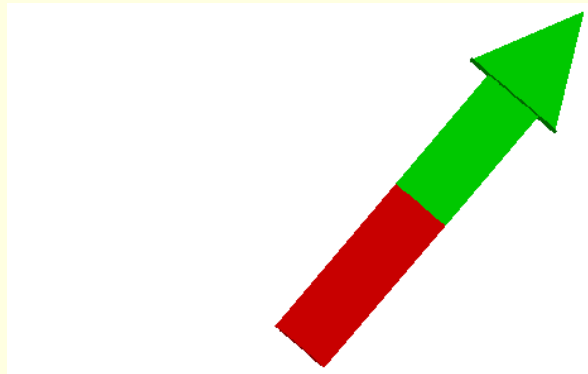
(rel. spin excess $\approx 3.3 \cdot 10^{-6}$ per Tesla at RT)

Nuclear Magnetism

^1H nuclei in a magnetic field



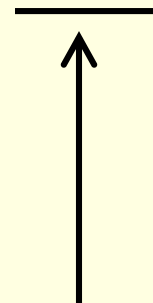
B_0



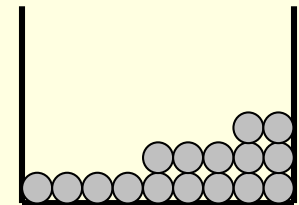
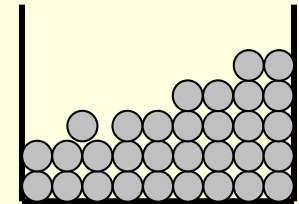
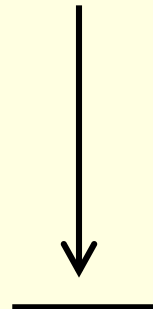
Precession: $\omega_L = \gamma B_0$

➡ 42 MHz at 1 Tesla

Quantisation

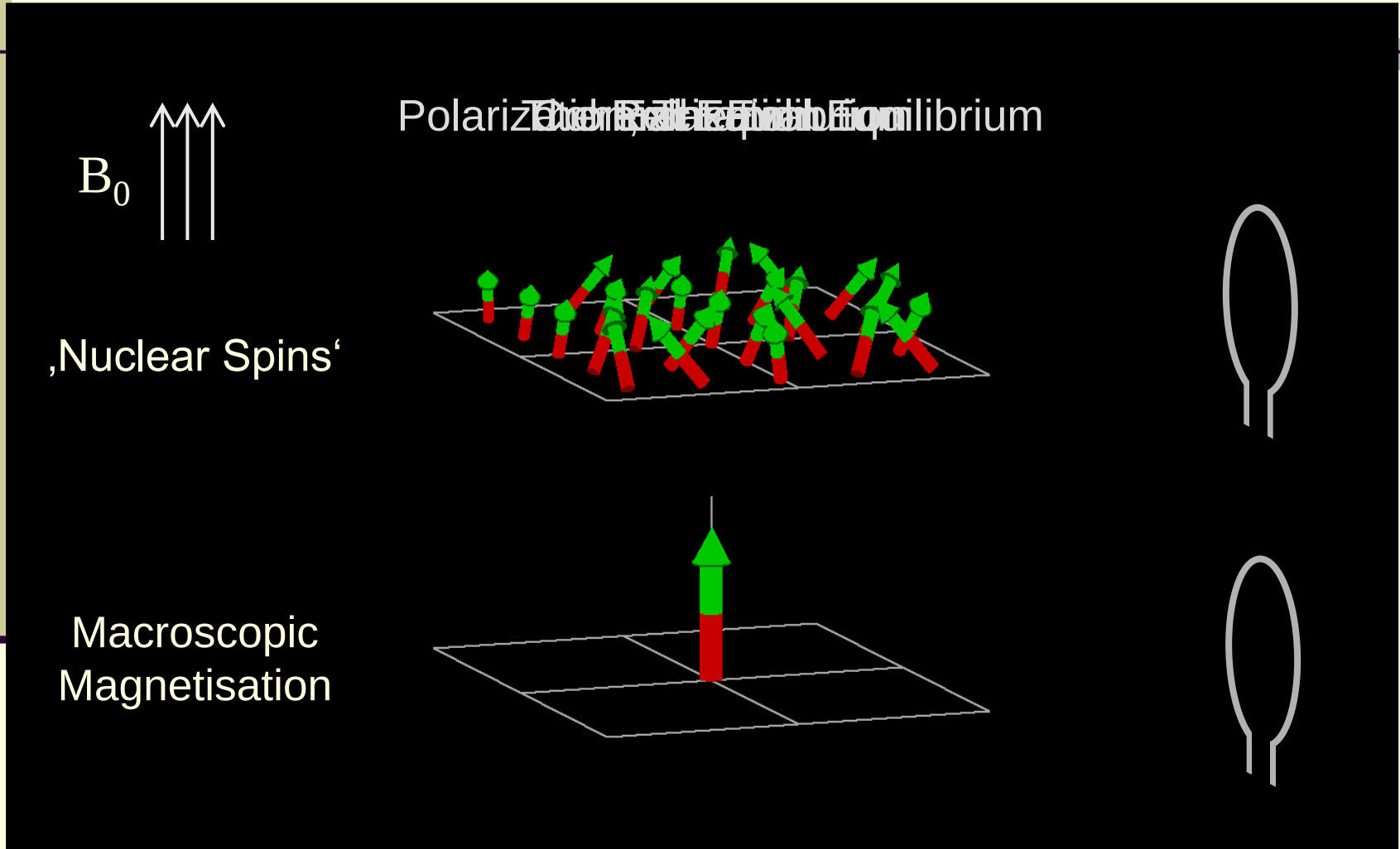


$$\Delta E = \gamma \hbar B_0$$



(rel. spin excess $\approx 3.3 \cdot 10^{-6}$ per Tesla at RT)

Physics behind MR images



Physics behind MR images

Visible Light

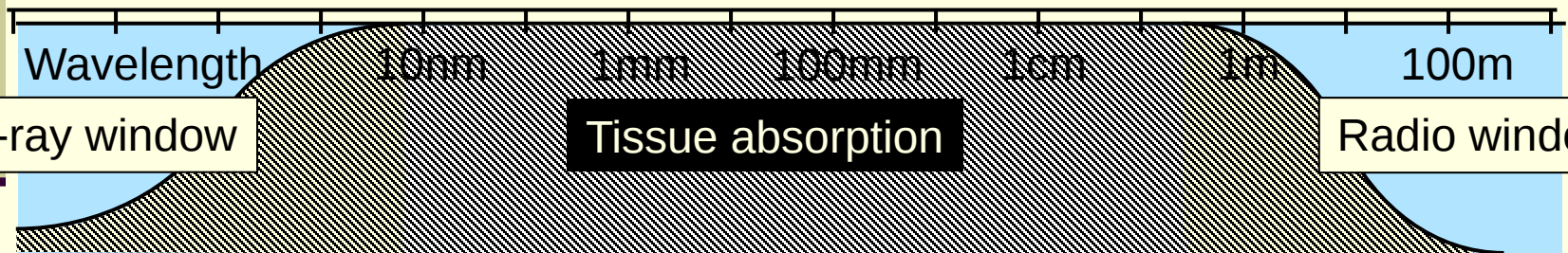
X-ray

Ultraviolet

Infrared

Microwaves

Radiowaves



Physics behind MR images

Resolving resonant magnetization:

- Focussing ? $\longrightarrow$ Diffraction limit $\Delta x \geq \frac{\lambda}{2}$
- Collimation ?

The radio-frequency window, on the other hand, was not exploited until 1972. This is not astonishing considering the achievable resolution, which is usually limited by the wavelength of the applied radiation through the uncertainty relation. The maximum radio-frequency useful for imaging is about 100 MHz, leading to a resolution of 3 m which is not sufficient even for imaging elephants.

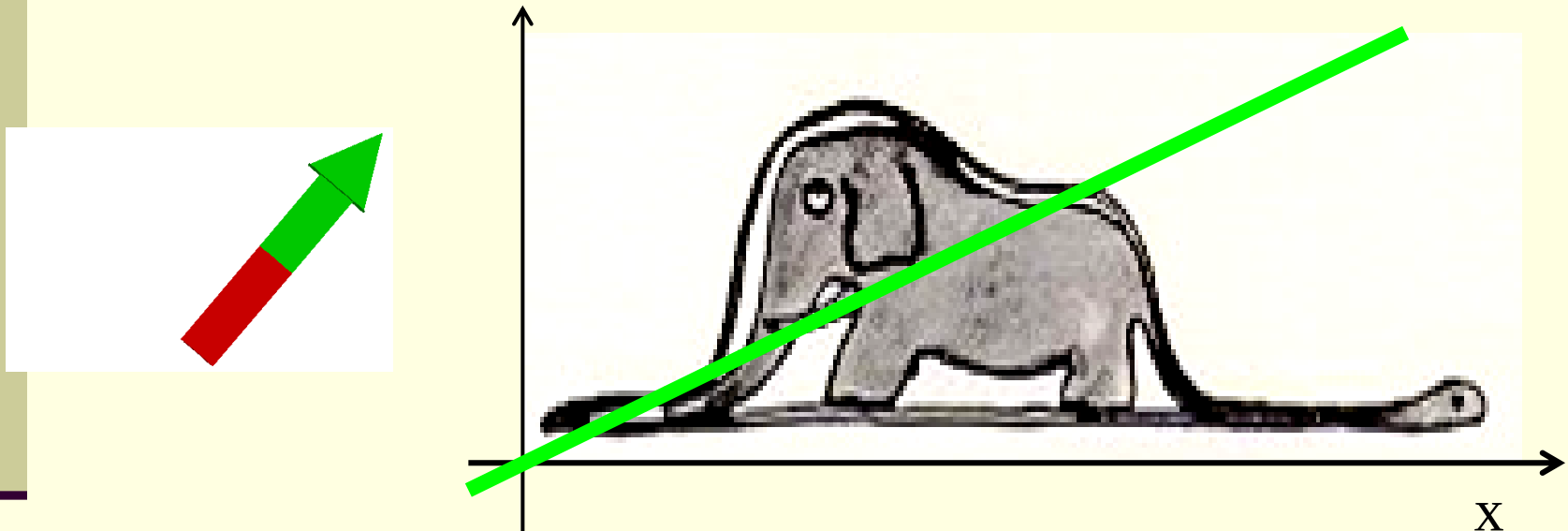
The crucial idea, as first proposed by Lauterbur (10.1, 10.2), is to utilize a magnetic field *gradient* to disperse the NMR resonance frequencies of the various volume elements. This technique is called

R.R. Ernst et al., Principles of NMR in One and Two Dimensions (1987)

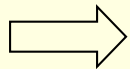
Physics behind MR images

Superimpose magnetic gradient field

$$\omega_L(x) = \gamma (B_0 + G x)$$



Encodes spin distribution in resonance spectrum

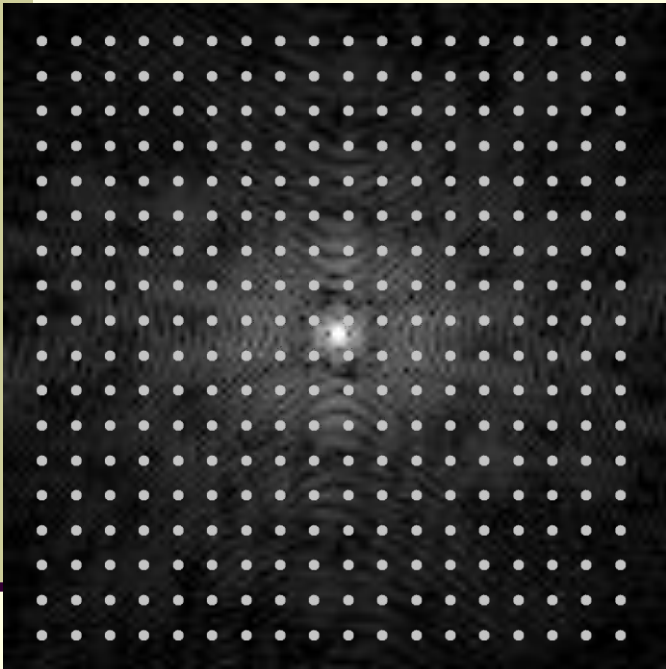


MR Imaging = Spectroscopy

P. C. Lauterbur (1973)

Physics behind MR images

Fourier Space



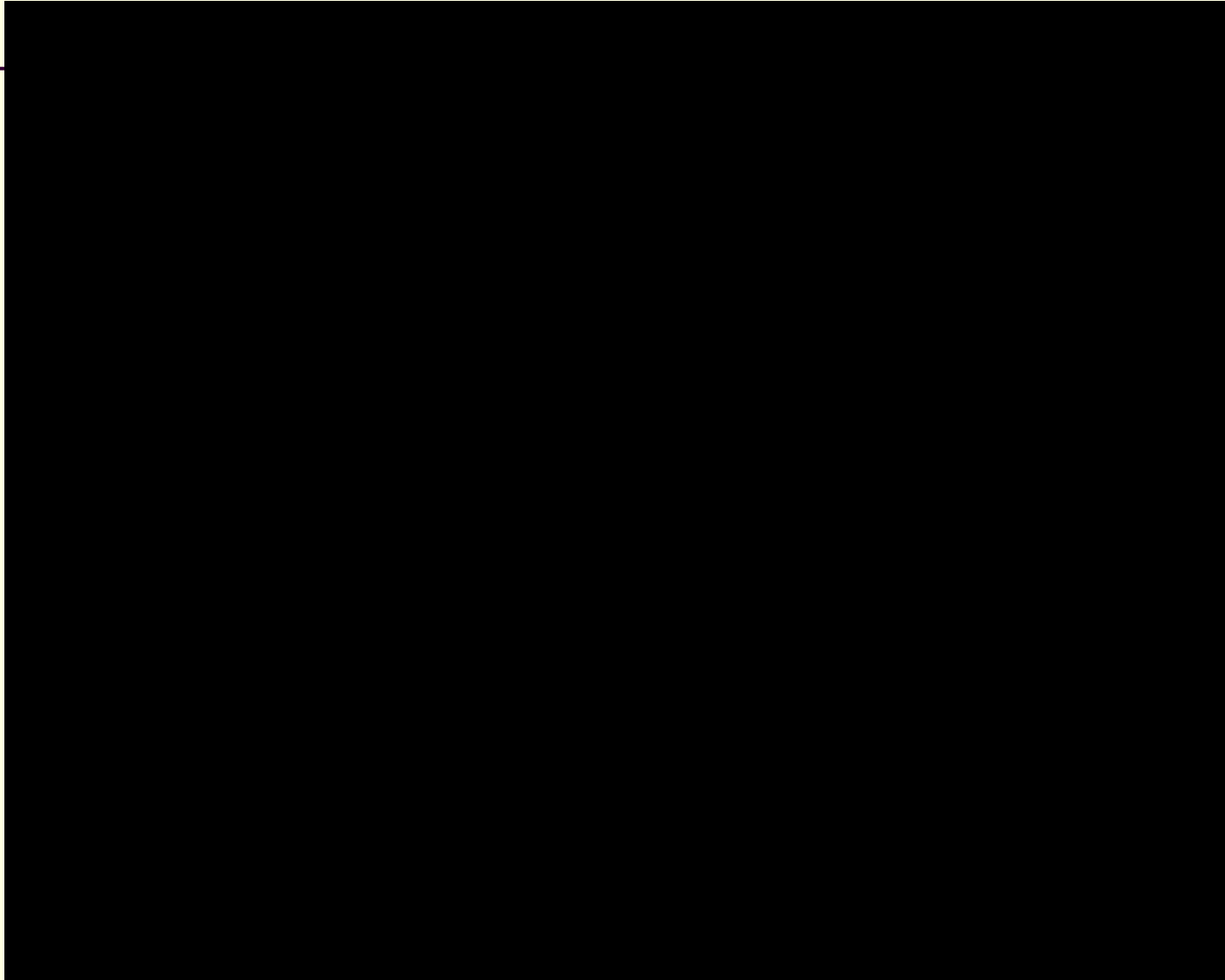
Fourier
Transform
○ — ●

Image Space



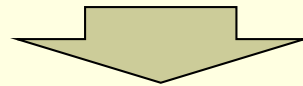
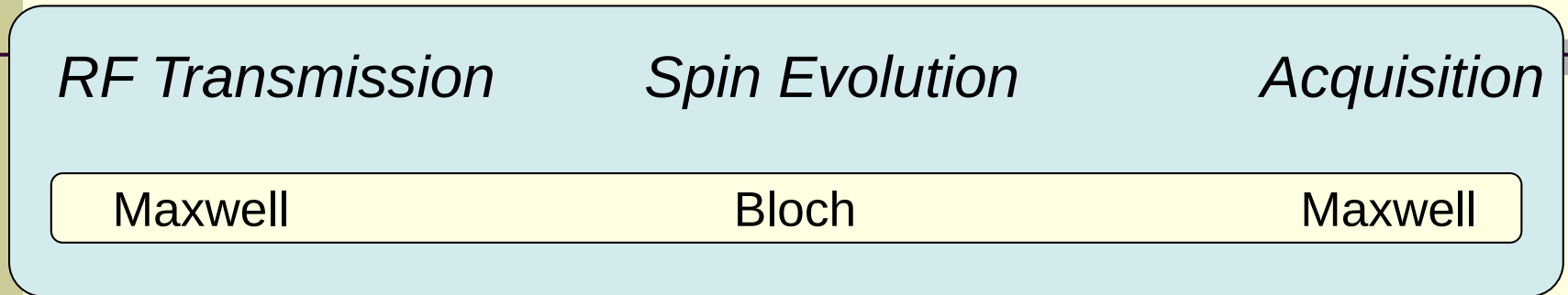
Kumar, Welti, Ernst (1975)

Let's repeat the physics behind MR:



Siemens
MR physics
video clip
with sound!

More information from the MR signal !



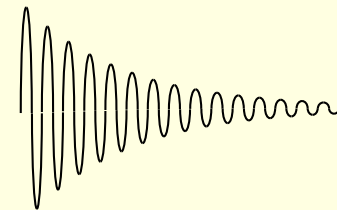
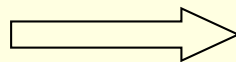
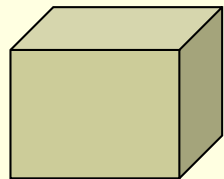
Spatial Encoding:

$$\omega_L(\vec{r}) = \omega_0 + \gamma \vec{G} \cdot \vec{r}$$

Position encoded in:

Precession
frequency, phase

Signal
frequency, phase



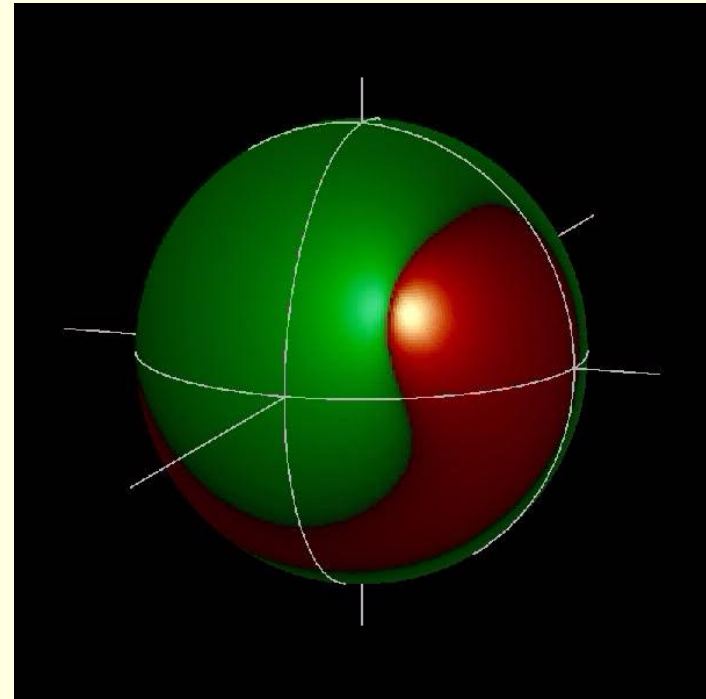
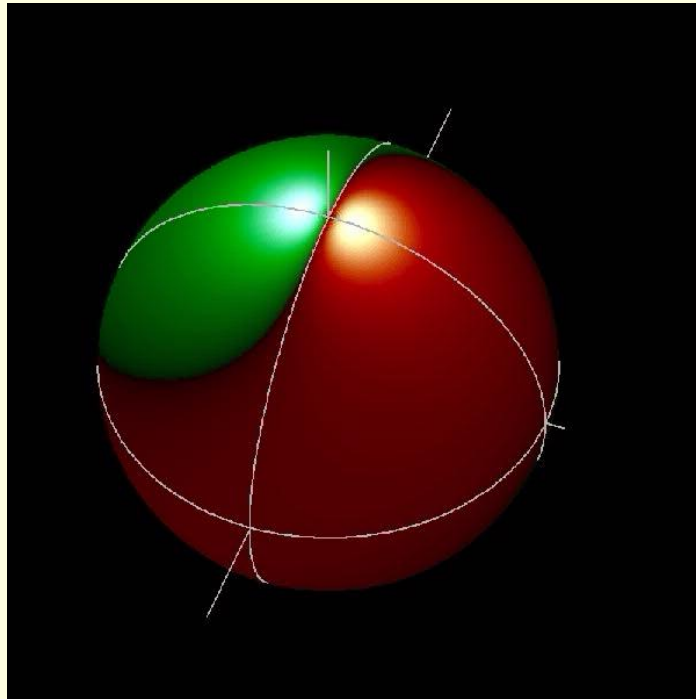
2(3) spatial
dimensions

1 temporal dimension

More information from the MR signal !

Precessing magnetic moment in a sphere $\epsilon_r = 80$, $\omega/2\pi = 64$ MHz

25 cm



Flux through surface: ● Positive ● Negative

Spatial degrees of freedom: View from different positions

More information from the MR signal !

$$\epsilon_r = 80, \quad \omega/2\pi = 64 \text{ MHz}$$

25 cm

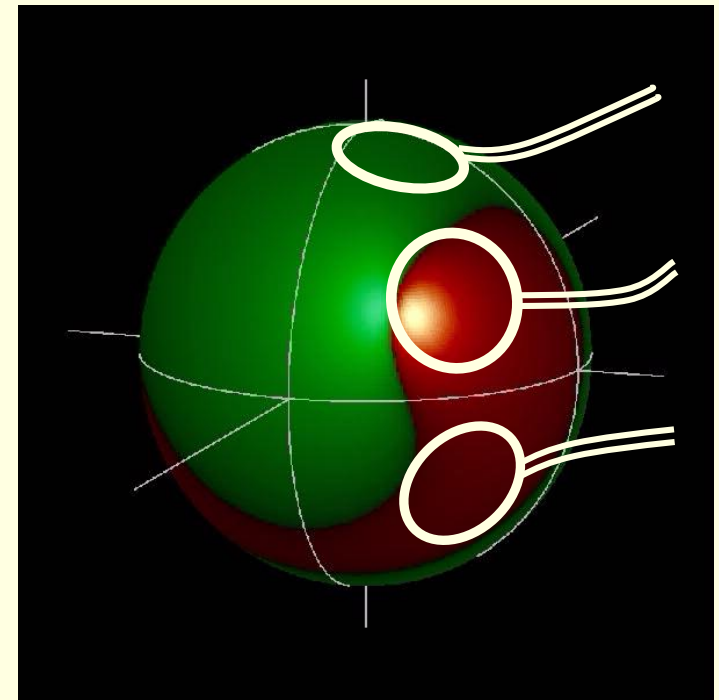
Position of magnetic moment
is encoded in flux pattern!

How capture this information ?

Sample with multiple detectors !

Coil sensitivity

$$s_i(\vec{r}) = \int_{\text{coil } i} \vec{\Phi} \cdot d\vec{n}$$



Flux through surface: ● Positive ● Negative

Phased array antennas

RF Transmission

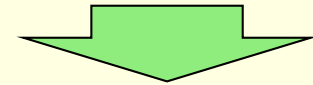
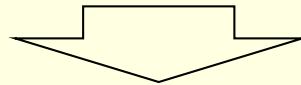
Spin Evolution

Acquisition

Maxwell

Bloch

Maxwell



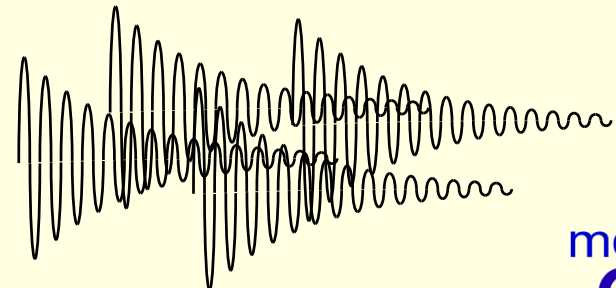
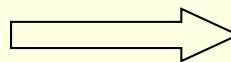
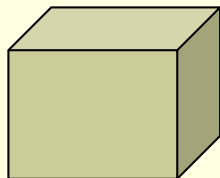
Spatial Encoding: $\omega_L(\vec{r}) = \omega_0 + \gamma \vec{G} \cdot \vec{r}$

$$s_i(\vec{r}) = \int \vec{\Phi}_{\vec{r}} \cdot d\vec{n}$$

Precession
Position encoded in: frequency, phase

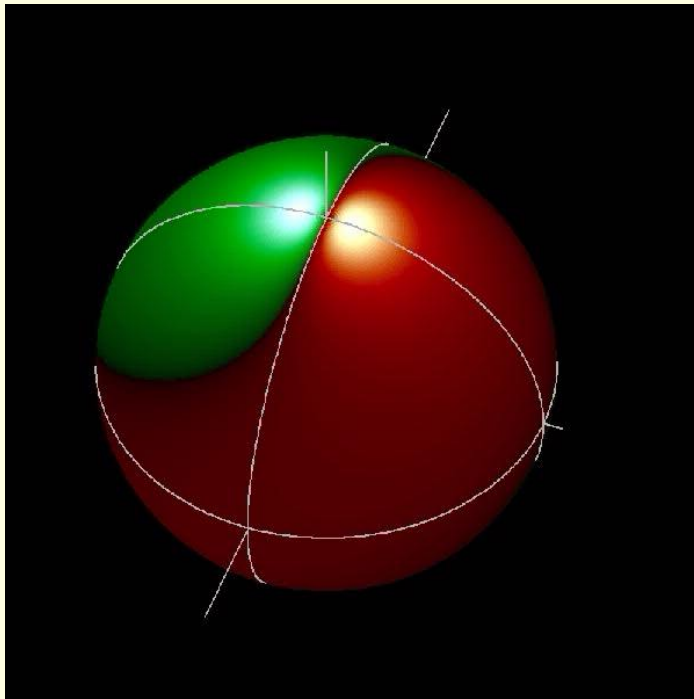
Signal
frequency, phase

'Array dimension'



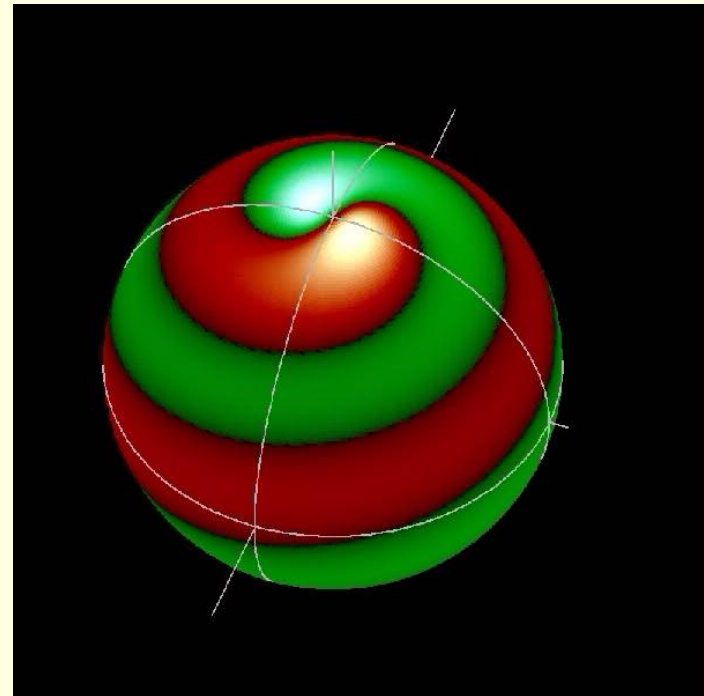
Limits of Parallel MRI

1.5 Tesla
 $f = 64 \text{ MHz}$



25 cm

7 Tesla
 $f = 300 \text{ MHz}$



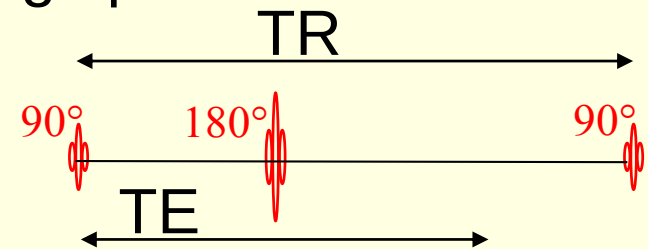
25 cm

What causes the contrast in MR images?



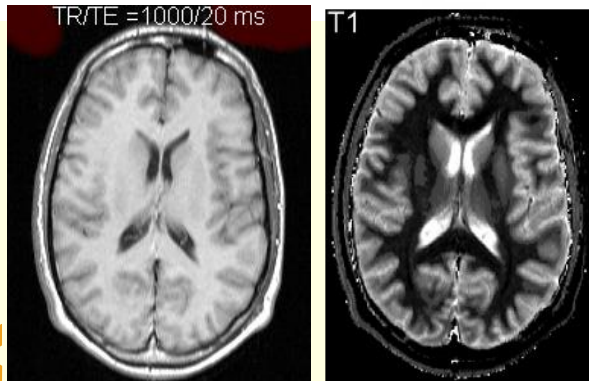
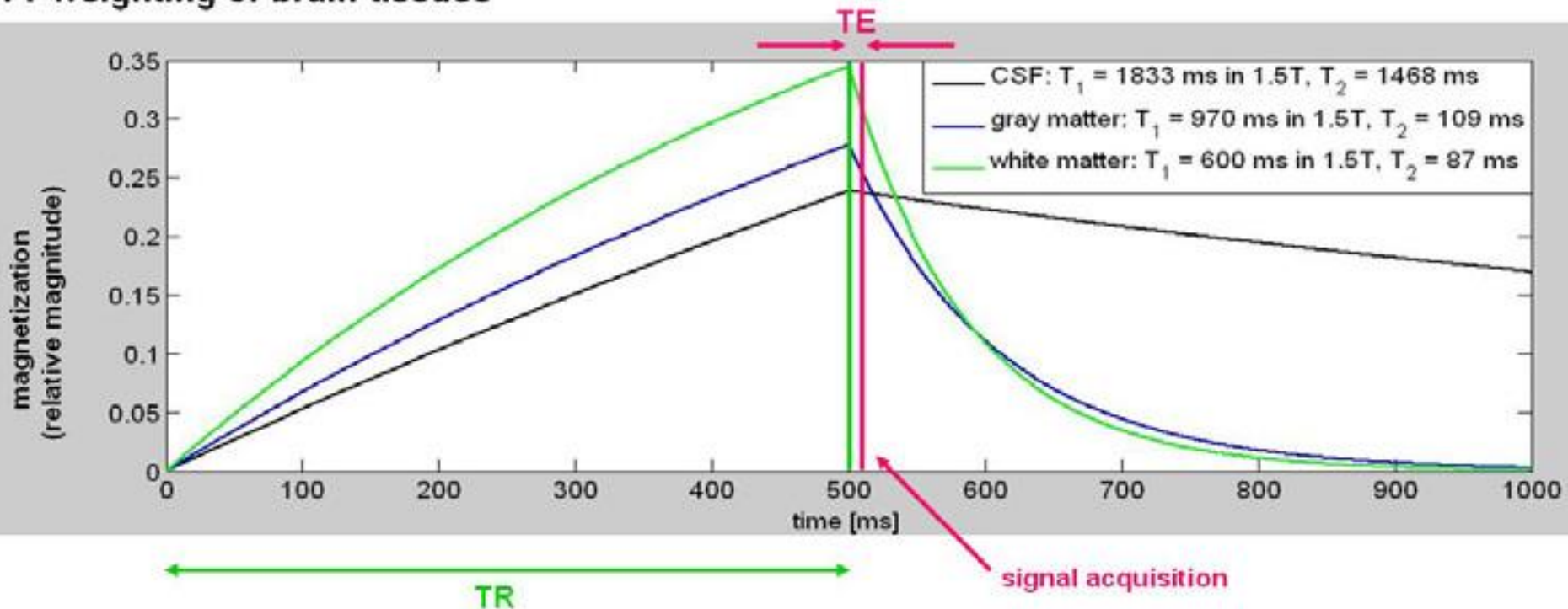
Relaxation time: T1

- Influence of spin – lattice coupling („transfer of heat“) within matter
- Longitudinal magnetisation:
cannot be measured directly!
- Requires use of 90° RF puls every TR to flip longitudinal magnetization into transversal plane;
- a 180° RF puls every TE/2 reverses the spins and causes an echo of the dephasing spins
- Spin echo puls sequence:
(TR: repetition, TE: echo time)
 - TR around T1, eg. ~ 1 s
 - TE short (shorter than T2), eg. ~ 20 ms



Relaxation time: T1

T1-weighting of brain tissues

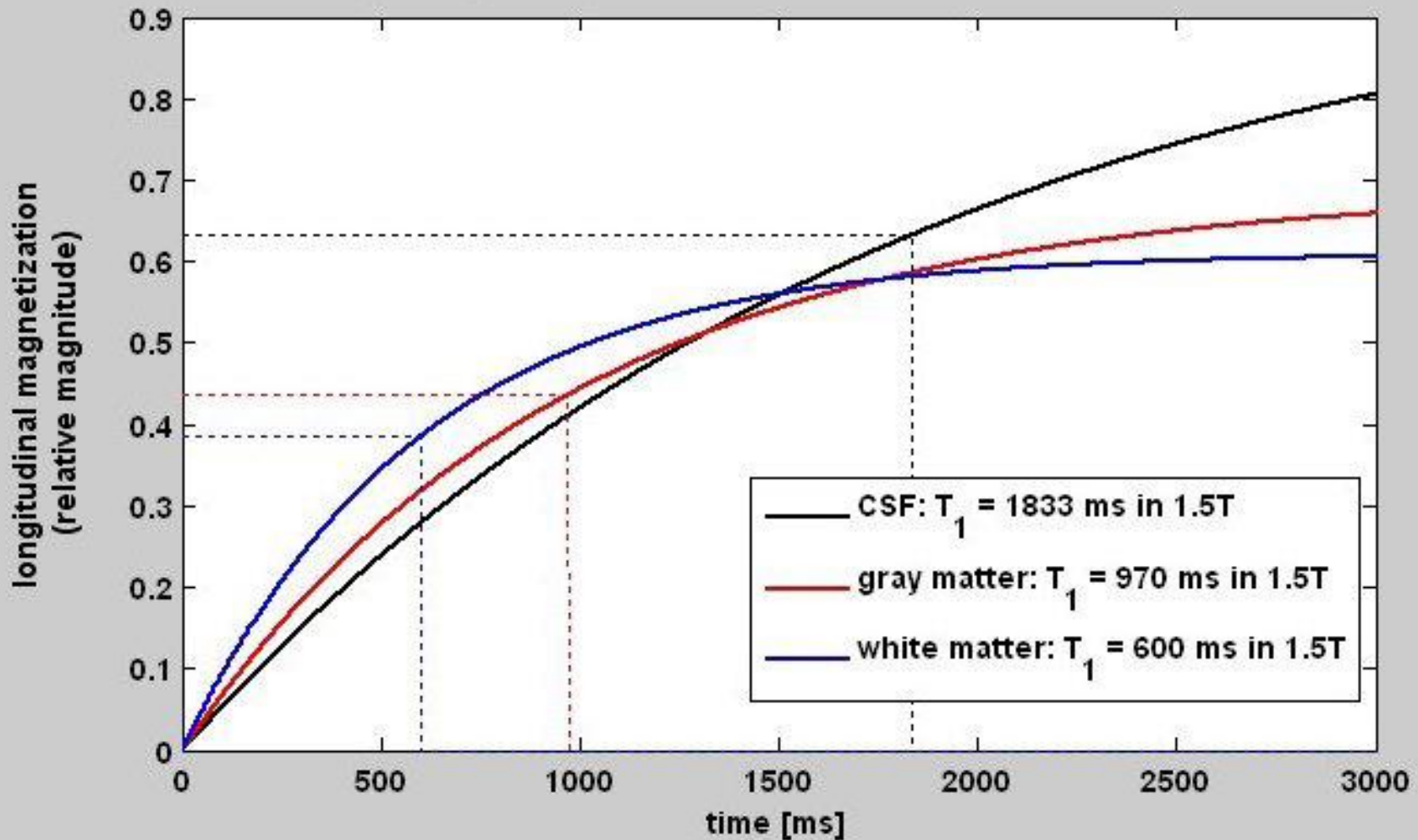


Left: T1-weighted image (left)

Right: image from the actual T1 values of the tissues.

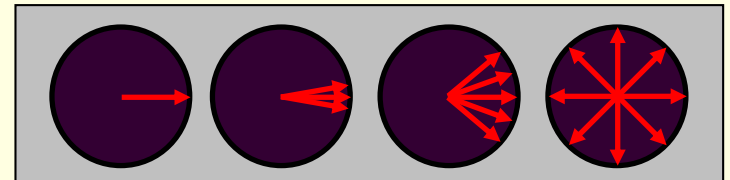
T1 of brain matter

T_1 recovery for CSF, white and gray matter



Relaxation time: T2

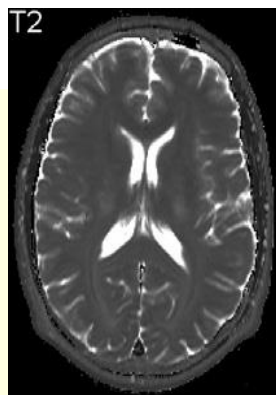
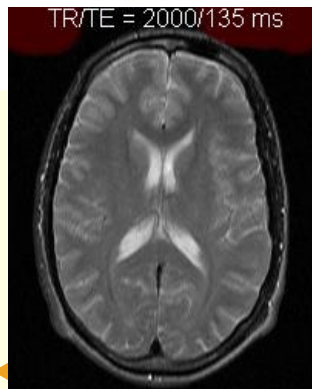
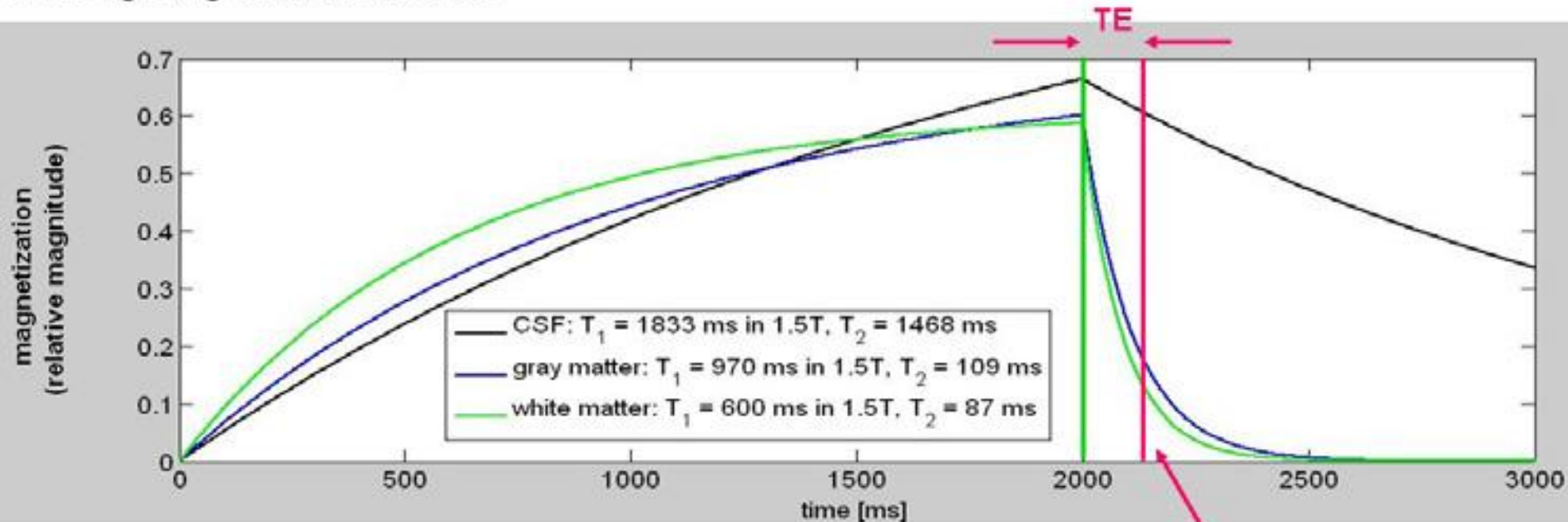
- Influenced by spin – spin coupling
- Phase coherence in plane:



- Sensitive to field and susceptibility inhomogeneities; without spin echo, signal decays with relaxation time $T2^*$
- Can be measured directly
- Spin echo puls sequence:
 - long TR (longer than $T1$), eg. ~ 2 s
 - TE around $T2$, eg. ~ 100 ms

Relaxation time: T2

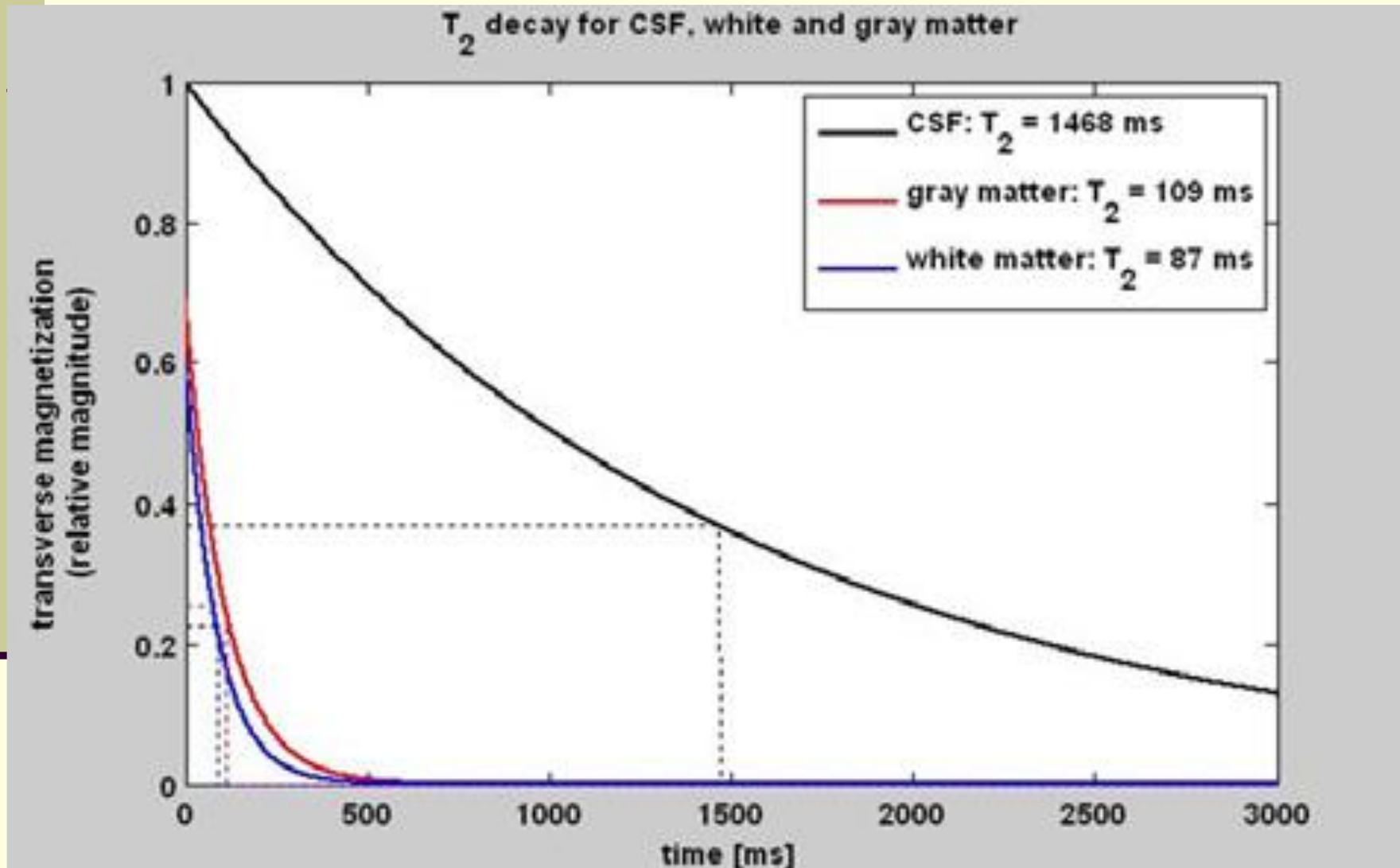
T2-weighting of brain tissues



Left: T2-weighted image

Right: image from the actual T2 values of the tissues.

T2 of brain matter

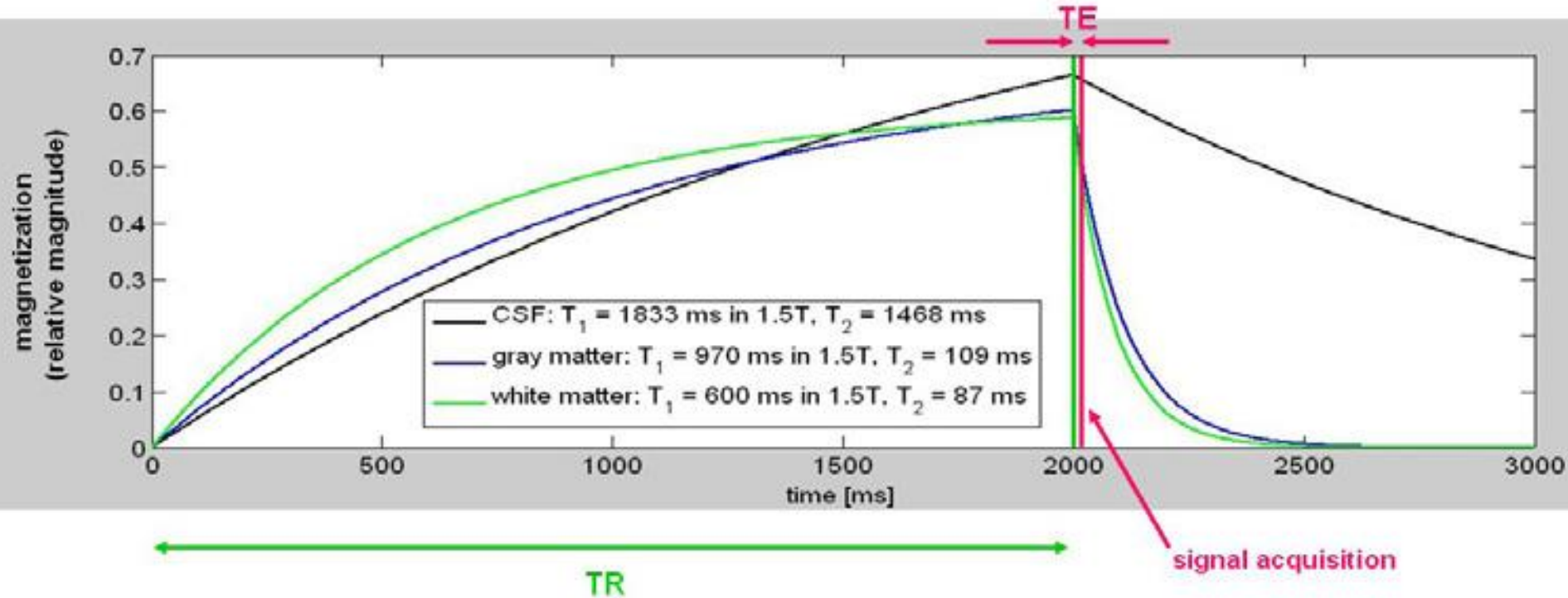


Proton density measurements

- Analysis of proton echo signal amplitude with least influence by T1 or T2
- Spin-echo puls sequence:
 - long TR (longer than T1), eg. ~ 2 s
 - short TE (shorter than T2), eg. ~ 20 ms
- Neither T1 nor T2 have major influence on the signal
-> signal reflects presence of protons itself!

Proton density measurements

proton density weighting of brain tissues



Left: PD-weighted image

Right: image from the actual PD values of the tissues. Cerebrospinal fluid appears dark due to flow artifacts.

Tissue parameters at 1 Tesla: T1, T2 and proton density

Tissue	T1 / ms	T2 / ms	Proton density
CSF	2400	500	1.0
Gray Matter	920	100	0.85
White Matter	780	90	0.70
Adipose Head	260	85	1.23
Adipose Abdomen	260	85	1.54
Spleen	780	62	1.15
Kidney	650	58	0.99
Liver	490	43	1.0
Tumor	500	100	1.0

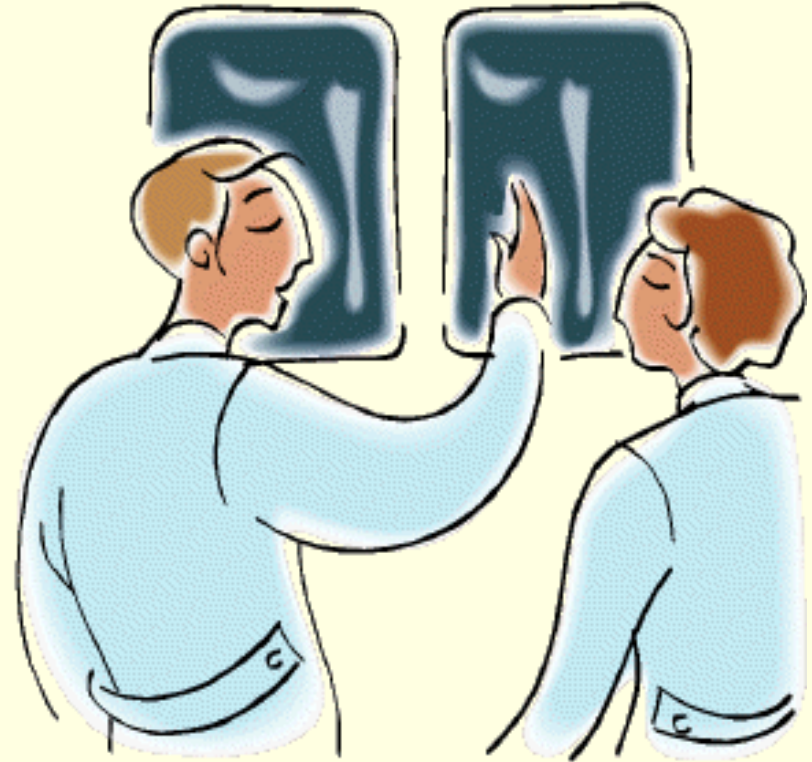
From: <http://www.lems.brown.edu/~msj/cs292/assign2/mr.html>

M. Buchgeister, Antalya 2007

MR puls sequences

- **Spin echo (SE):** 180° pulse refocusses spins, less influenced by field inhomogeneities, long measuring times (minutes for a slice)
- **Echo planar imaging (EPI),** uses no 180° puls; very fast: image slice in 0.1 s; sensitive to field inhomogeneities due to $T2^*$; accumulated phase shift results in pixel shift for fat; used for diffusion, perfusion and functional (BOLD) imaging
- **Inversion recovery (IR):** Heavy $T1$ weighting; uses 180° puls to invert magnetization, 90° puls after inversion time TI to measure. Can be used to cancel fat signal (chemical shift at 1.5 T: 220 Hz)
- **Gradient echo (GE):** no 180° puls to refocus spins, only gradient fields for read out
- **FLASH** (Flip Low Angle SHot), flip longitudinal magnetization only typ. 30° , TR can be much shorter!

Clinical applications of MR



Clinical application:

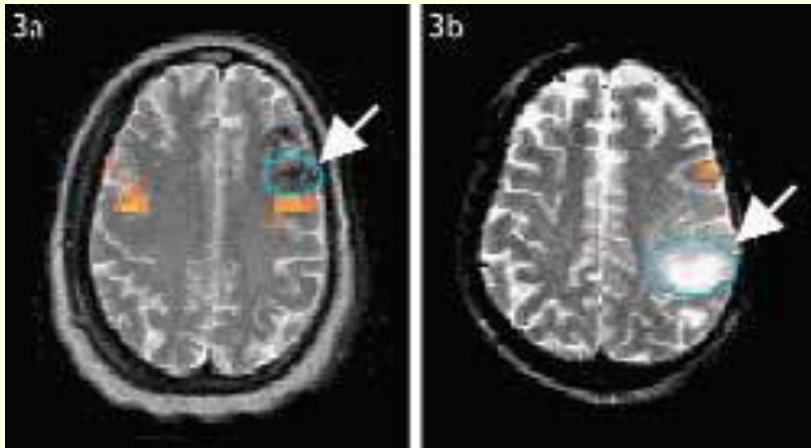
Soft tissue / brain

7 Tesla MR,
32-channel head
array Rx coil and
detunable birdcage
Tx coil



2D FLASH,
TR/TE= 500/30
0.22 x 0.22 x 1mm³ (48nl)
8 min TA

Clinical application: (functional) fMRI – BOLD scans



fMRI in preoperative planning

Left: Preoperative planning for biopsy of a lesion (arrow)). Significant bilateral language activation

Right: fMRI determined the language area and relation to tumor for patient with glioblastoma (arrow).



Functional reorganization of motor area

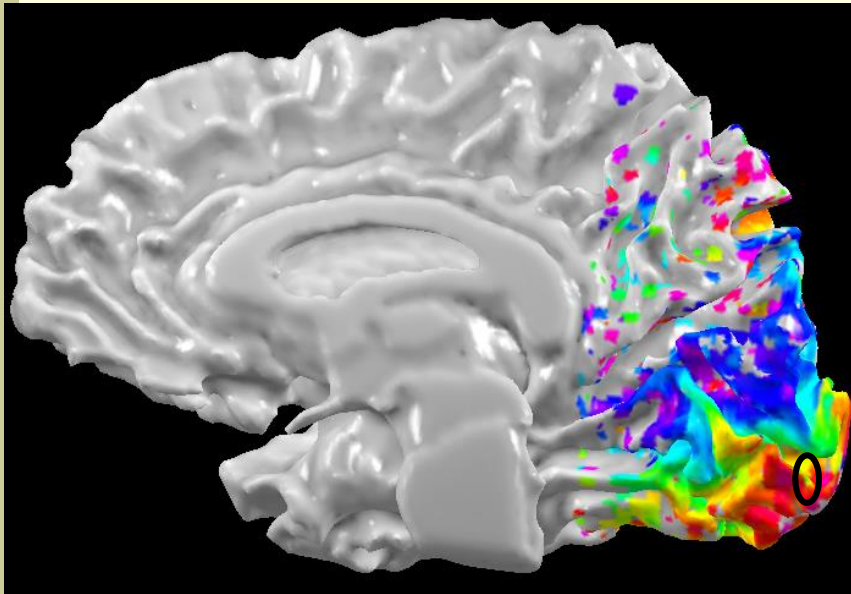
Patients with short term and long term spinal cord injury (SCI).

Left: Control.

Middle: Two years after SCI.

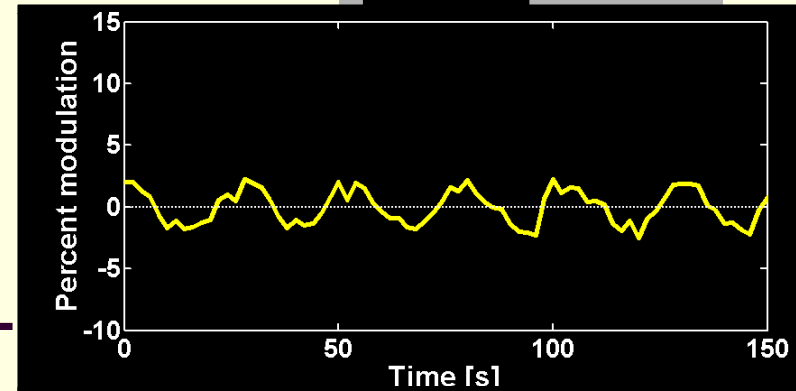
Right: > 10 y after SCI.

Clinical application: (functional) fMRI – BOLD scans



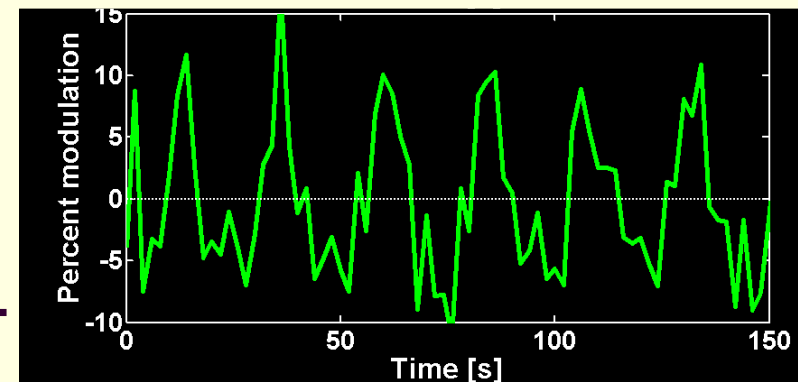
Time series from activation
close to the occipital pole
(7T and 3T data scanned under
optimal conditions)

3T



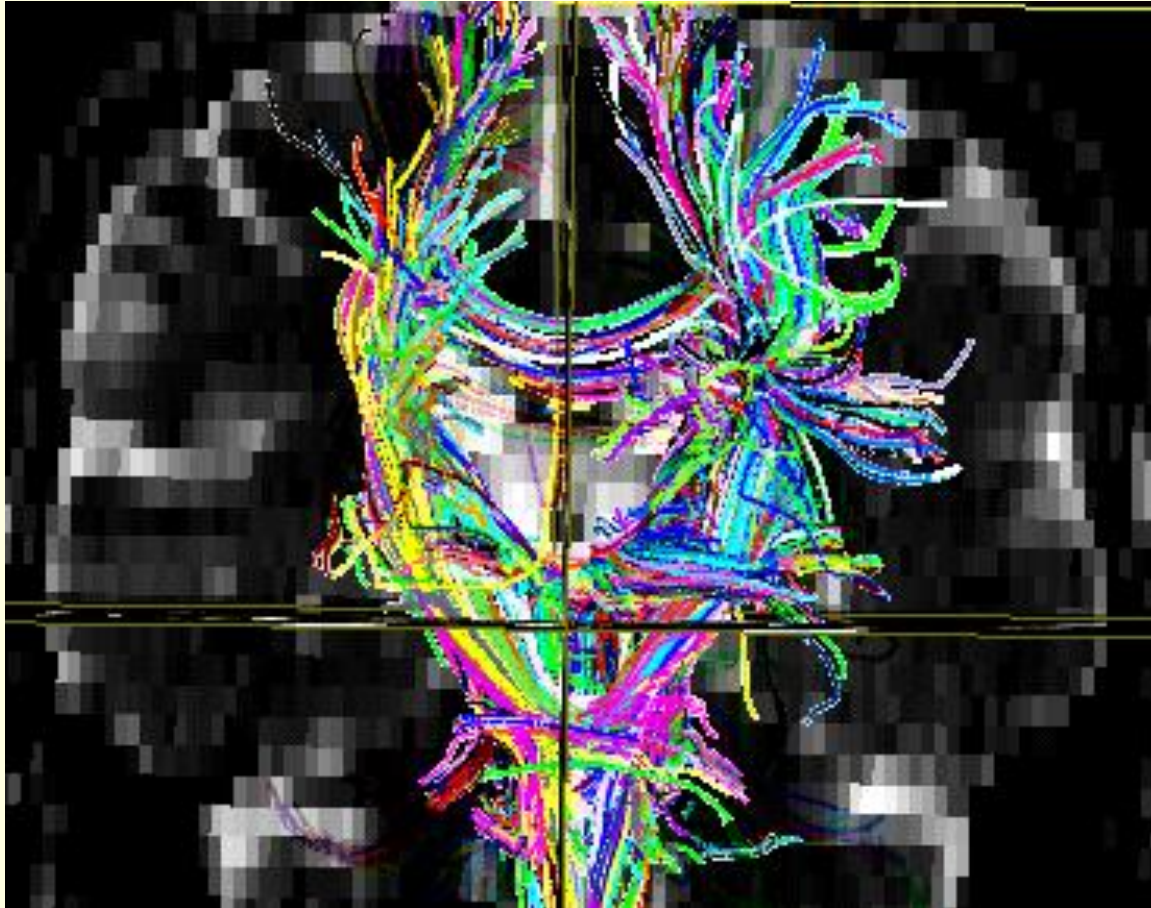
Voxel volume: 13.2mm³

7T



Voxel volume: 23.7mm³

Clinical application: DTI fiber tracking

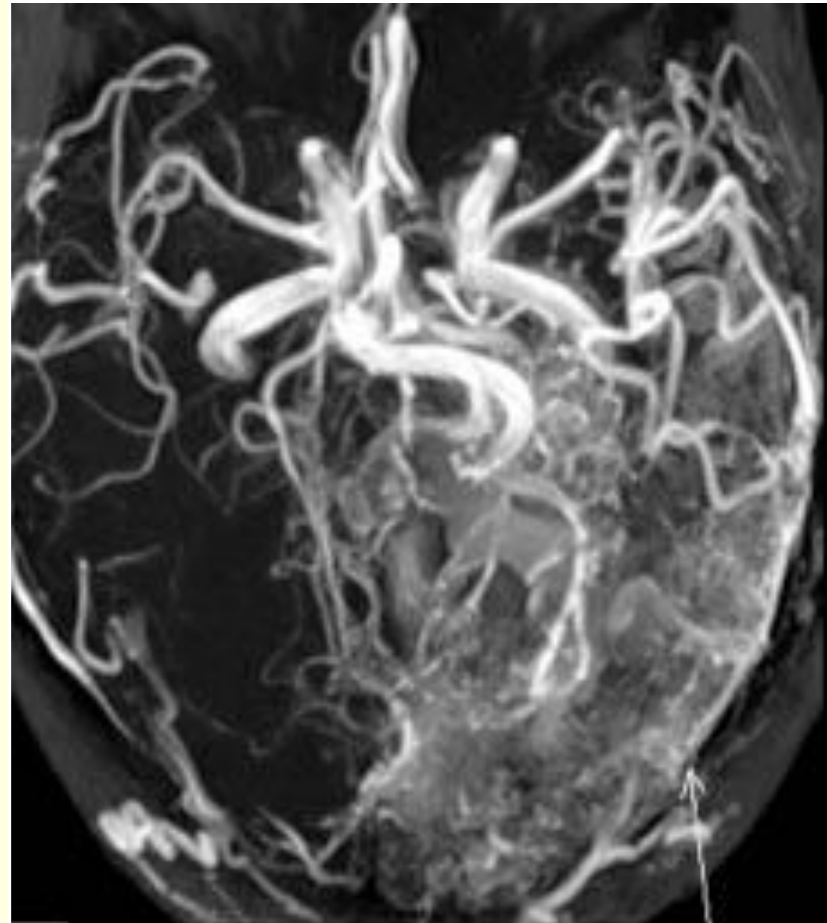


Diffusion
Tensor
Imaging

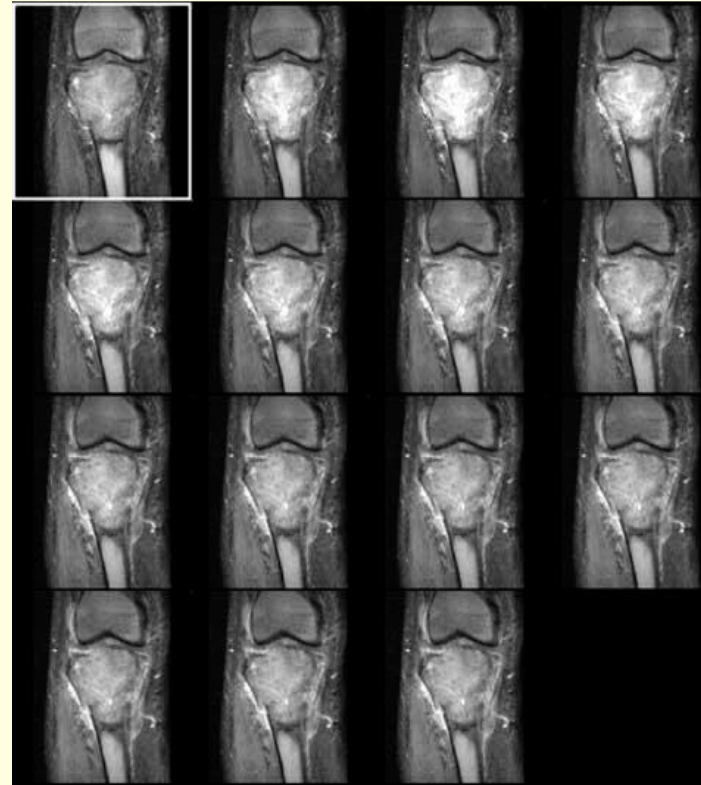
Clinical application: MR phase contrast angiography

Problems:

- very long measuring times
- sensitive to patient motion
- max. flow velocity must be known (VENC)
- Pulsation artefacts (arterial MRA without ECG-trigger)
- long echo times cause signal extinction for turbulent flow

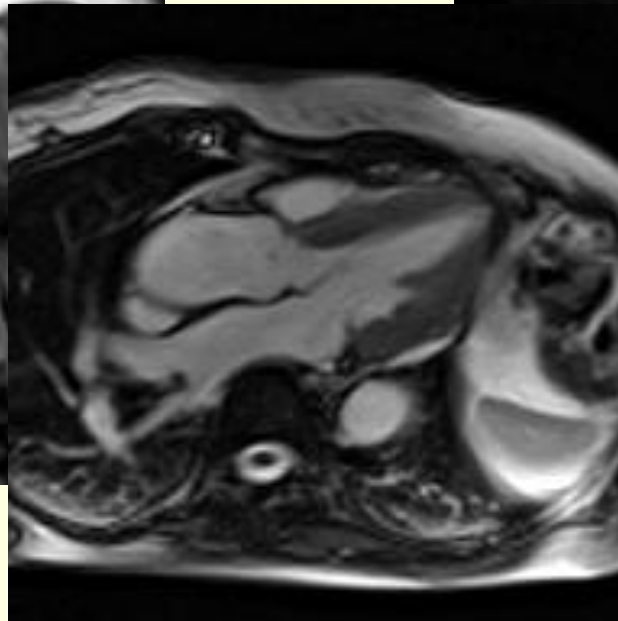
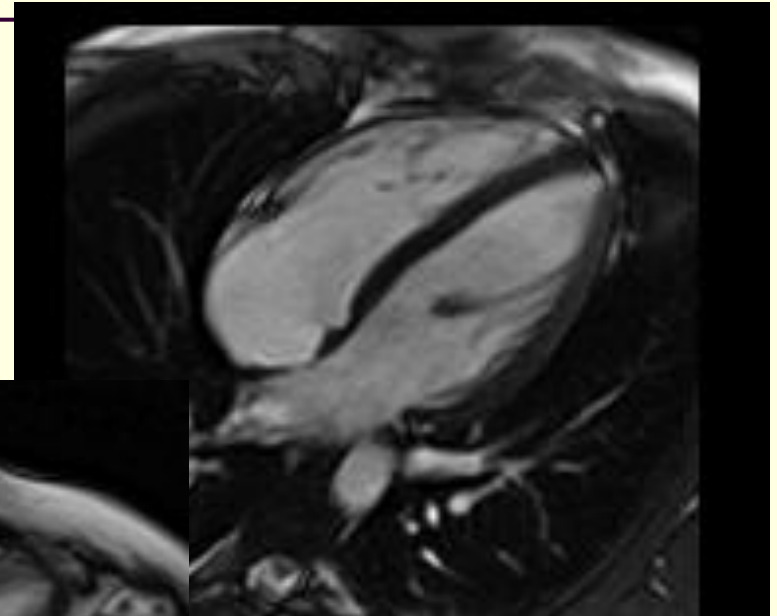
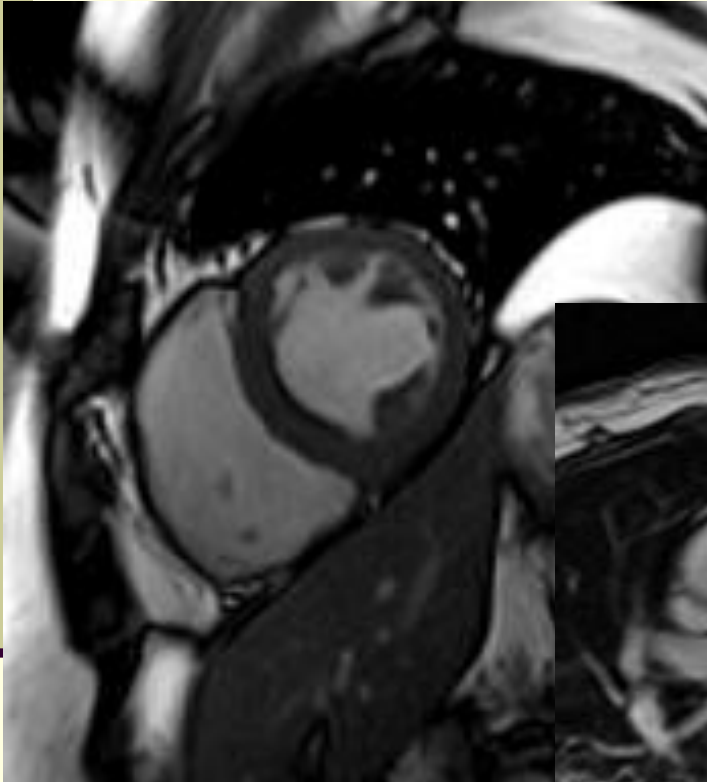


Contrast enhanced MRA



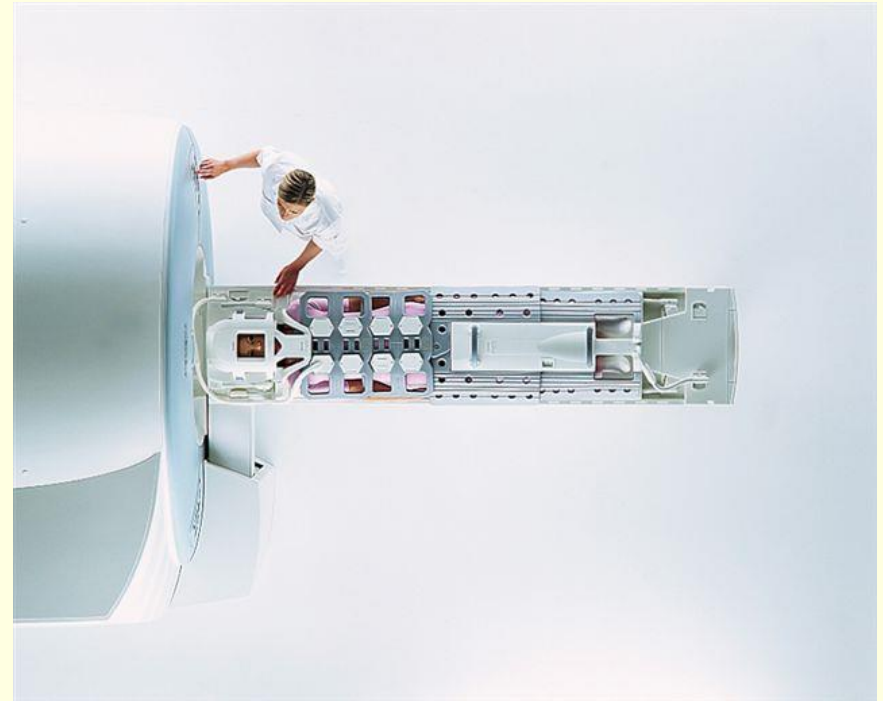
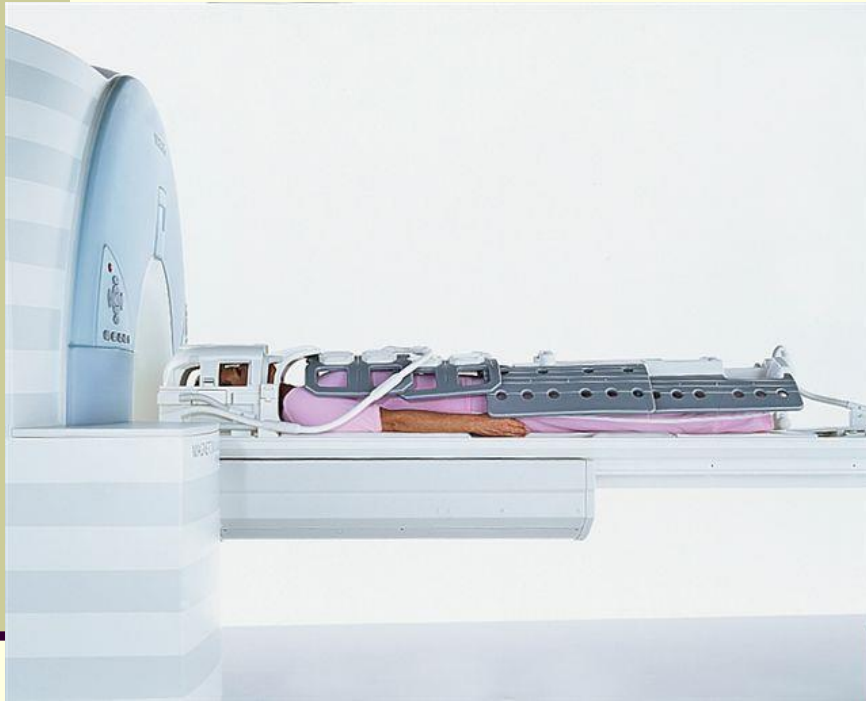
Use of the T1-shortening caused by contrast agent

Clinical application: Cardiac imaging



ECG triggered
resampling

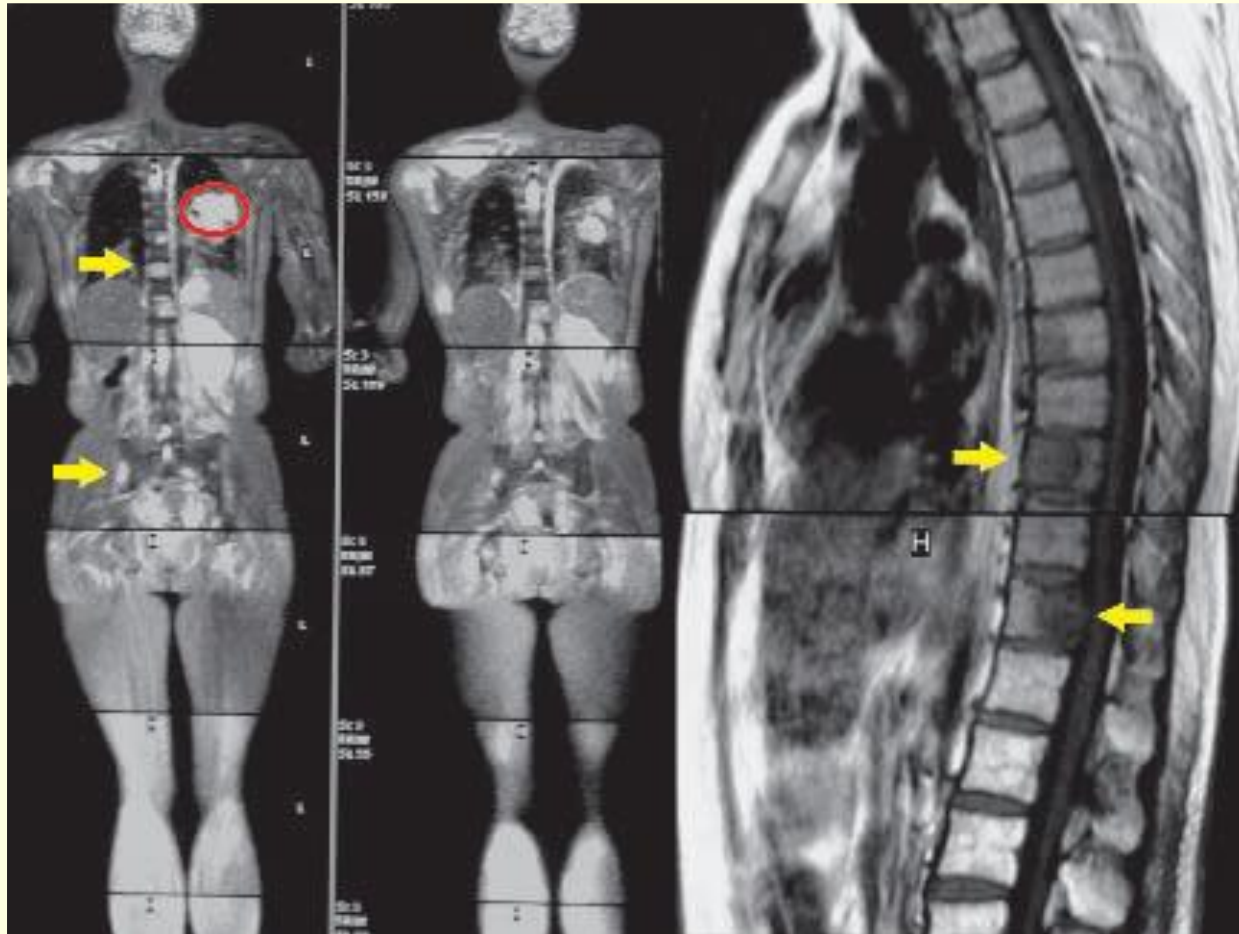
Whole body-MRI



Siemens TIM: movement of couch in sections of < 40 cm
(Total Imaging Matrix, max. 2.05 m)

Experimental: continuous movement of couch during scanning

Clinical application: Whole body tumor screening



**TurboSTIR
whole-body MRI**

Left + middle:
metastatic breast
Carcinoma,
metastasis in the left
lung with diffuse
metastatic deposits
in spine and pelvis.

Right:
Sagittal
T1-weighted image
confirms presence
of spinal
metastases.

Whole body-MRI

Morphology

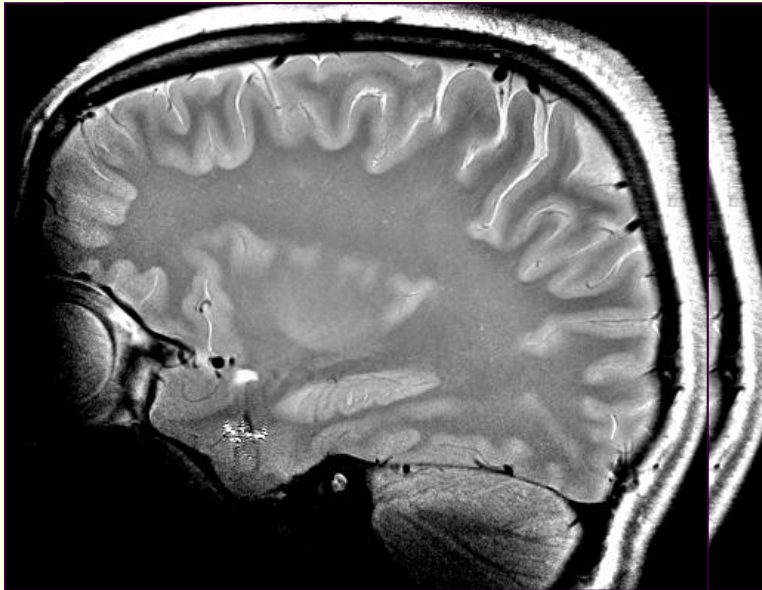
+

Cardio-vascular system

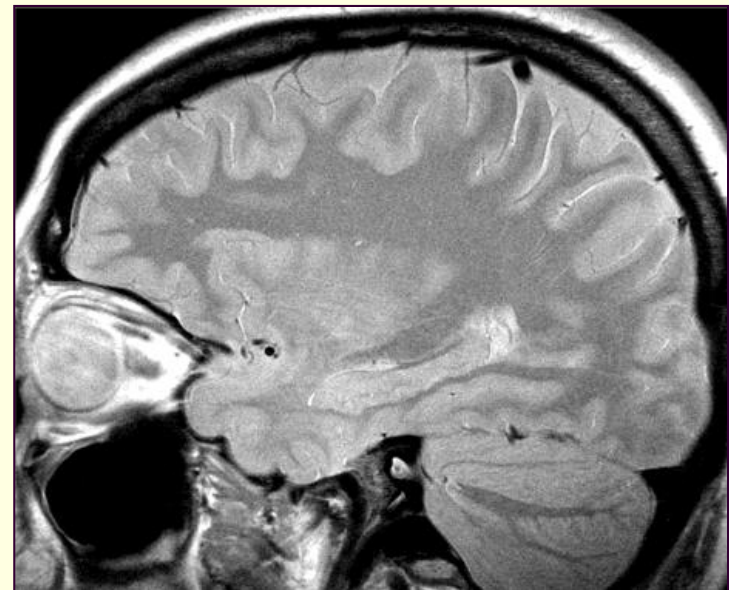


High field MR: Signal to noise ratio

7T



3T



TSE, 11 echoes, 7 min exam, 20cm FOV, 512x512 (0.4mm x 0.4mm), 3mm SL

7T

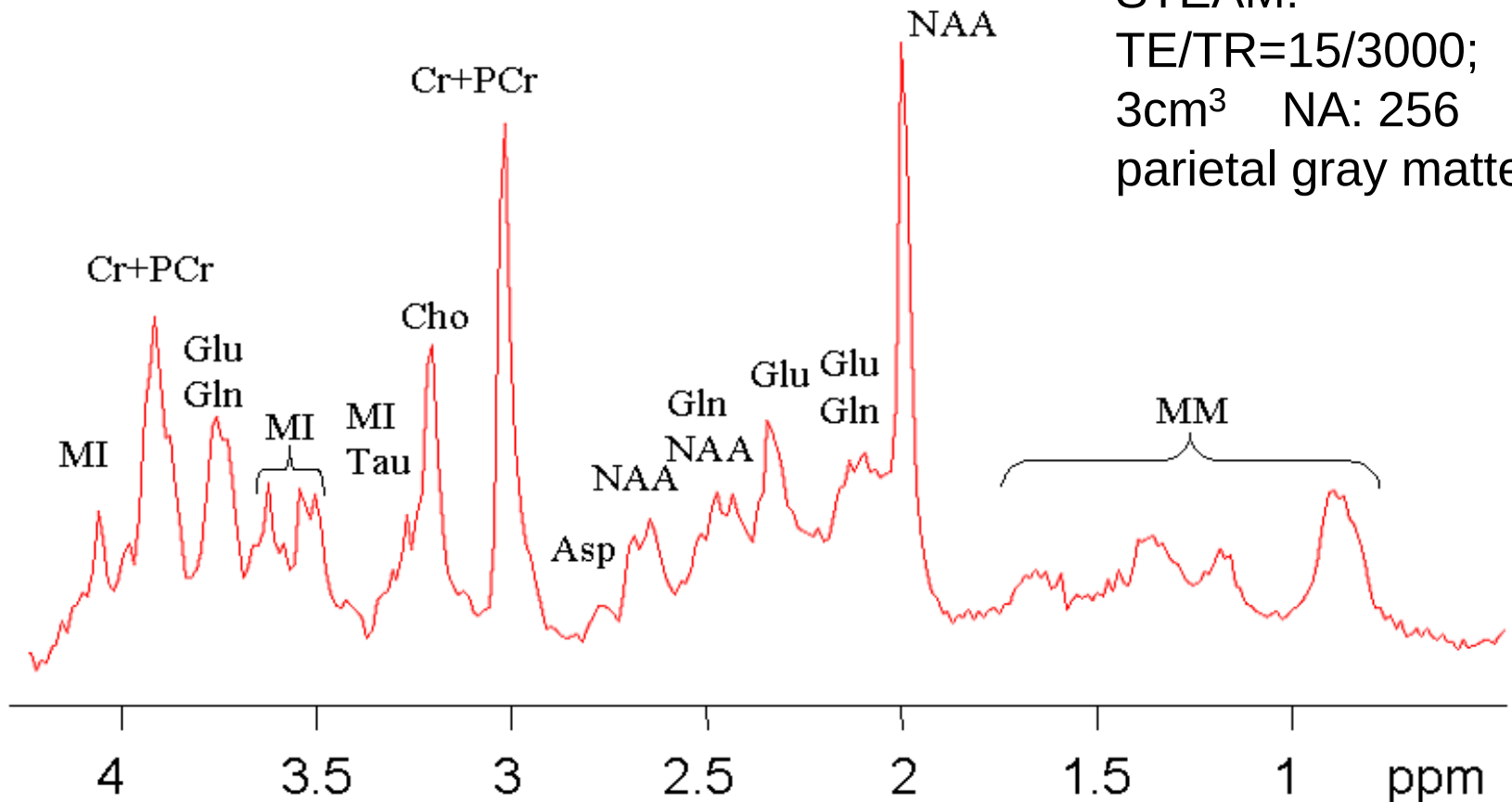
white matter SNR = 65
gray matter SNR = 76

3T

white matter SNR = 26
gray matter SNR = 34

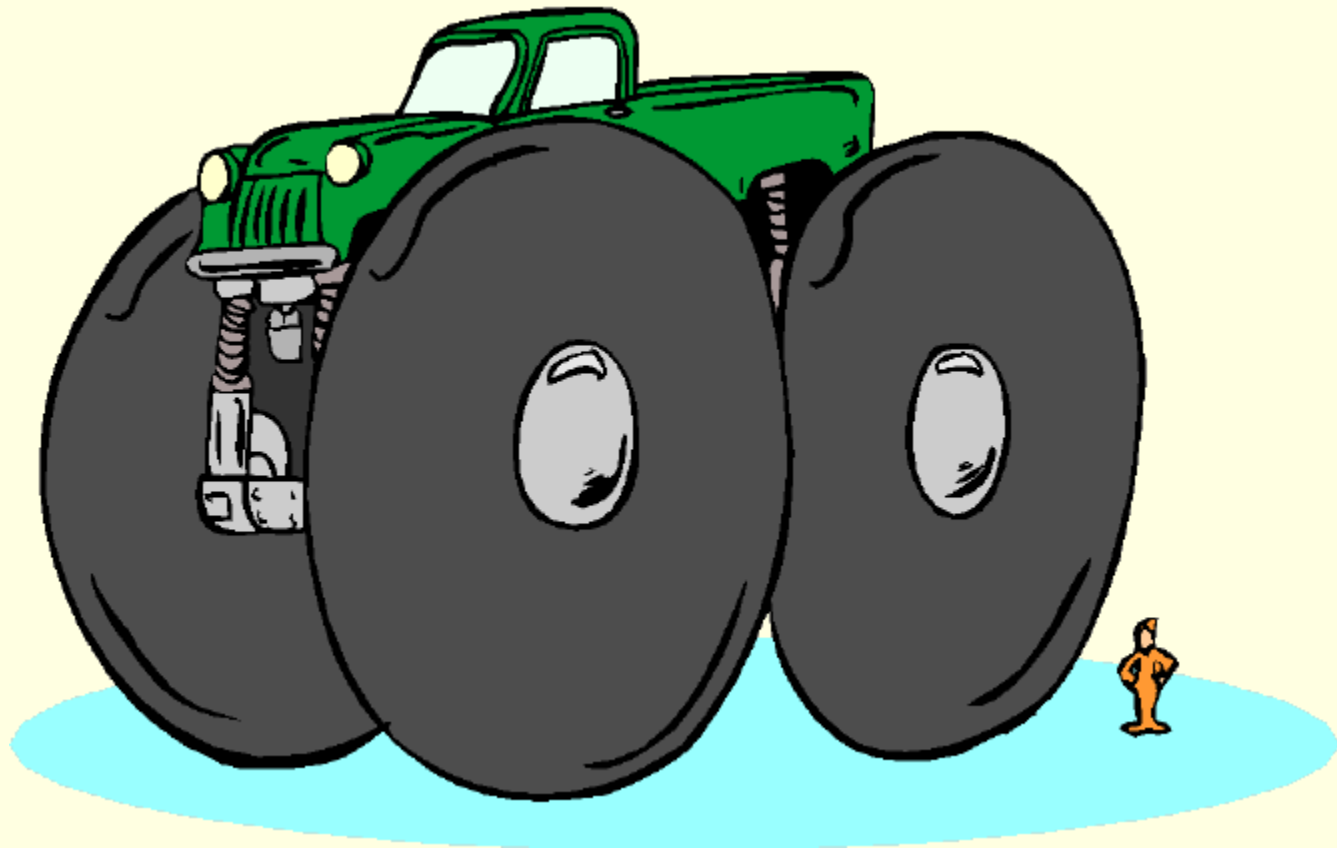
Clinical application high field MR: Spectroscopy

STEAM:
TE/TR=15/3000;
3cm³ NA: 256
parietal gray matter



**Single Voxel Spectroscopy,
rhesus macaque**

Magnets: stronger, wider, bigger



Future of MRI: 9.4 T installed 2007 at MPI Biological Cybernetics, Tübingen

Magnet:

Weight (without He): 47 t;

Size: 3.67 m long,
4.56 m high,
2.86 m wide.

Usabel bore diameter: 30 cm

Steel shielding cage: 602 t
(10 x 6 x 6 m³)

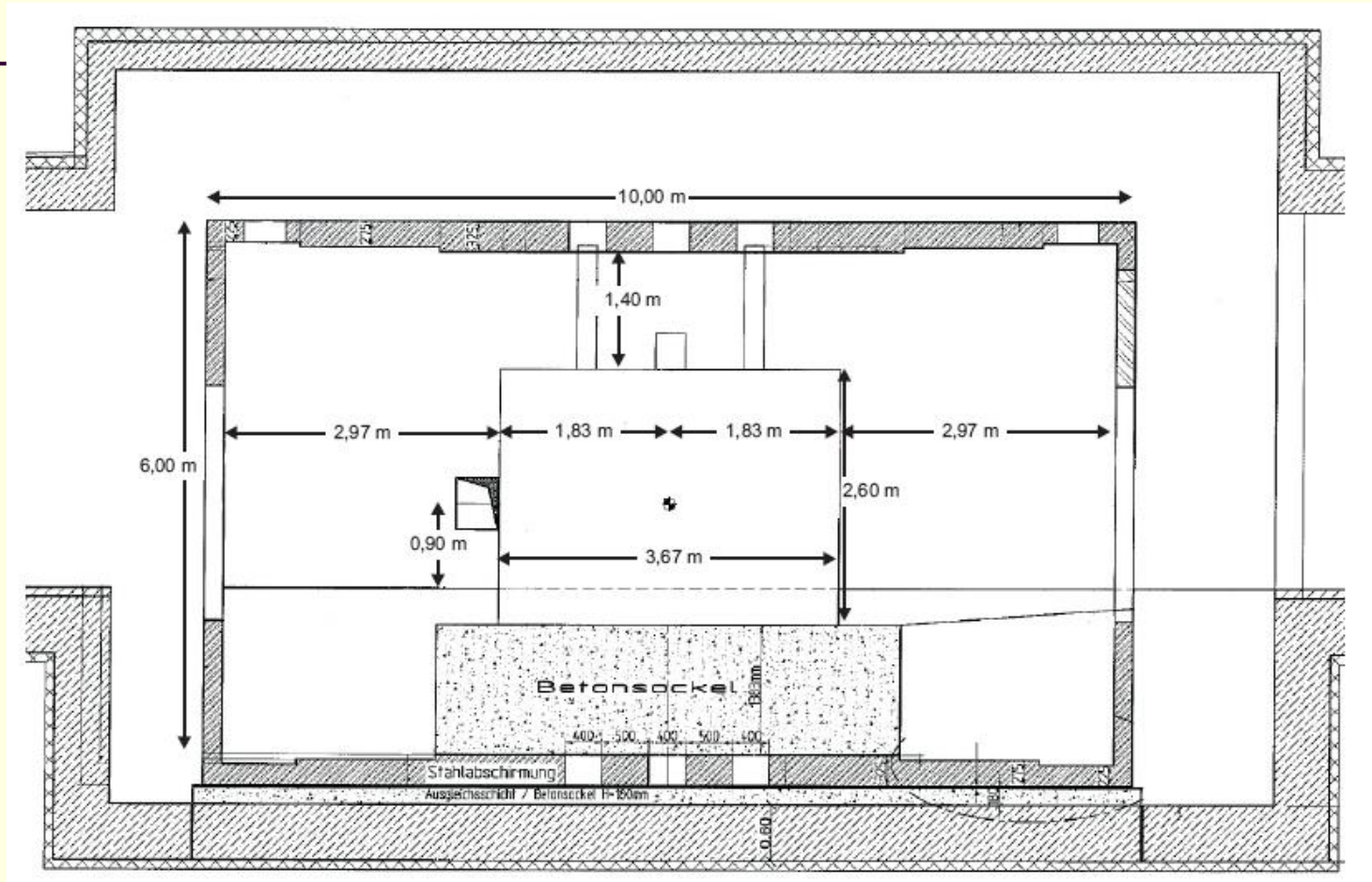
Field homogeneity:
better 0,03 ppm
(0,3 μ T),

Shim coils: 14 superconducting
8 resistive



Energy stored in magn. Field at 9.4 T: ~78 MJ

9.4 Tesla MRI: magnetic shielding



Shielding cage of 602 t steel, wall thickness up to 33 cm

16.4 Tesla small animal MRI

Magnet:

Weight (without He): 22 t;

Size: 3.47 m long, 2.88 m
height and 2.10 m wide,

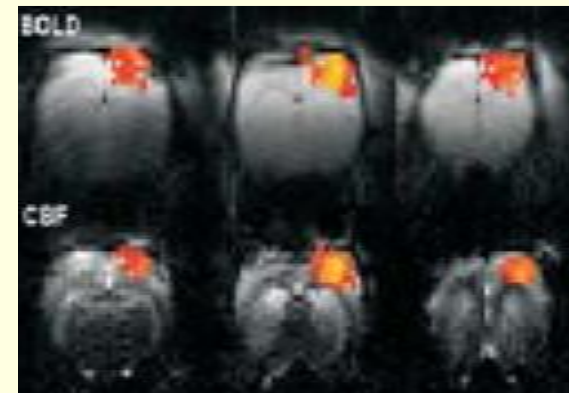
steel shielding cage: 220 t
(8 x 4.50 x 4.50 m³)

**Energy stored in magn. Field
eq. LearJet at 150 km/h!**

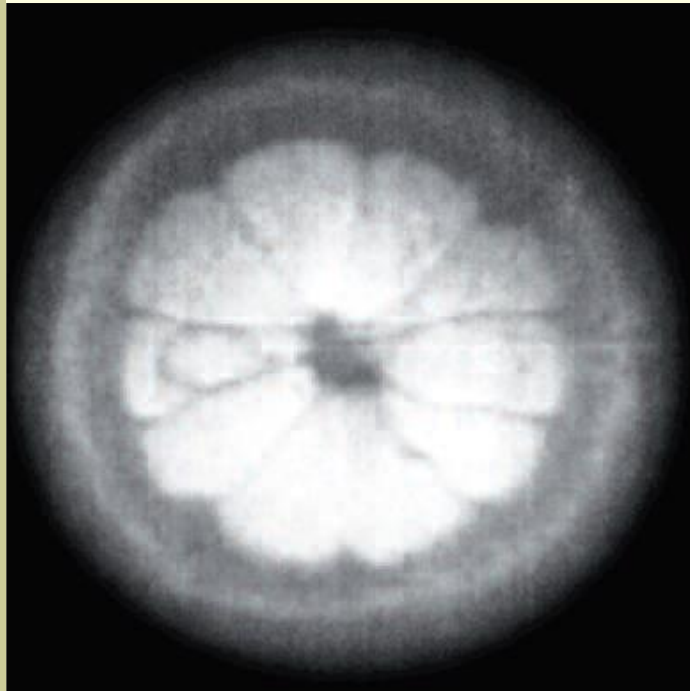


*fMRI signal bei 9,4 T of brain of
a rat wiht electric stimulation of
front leg.*

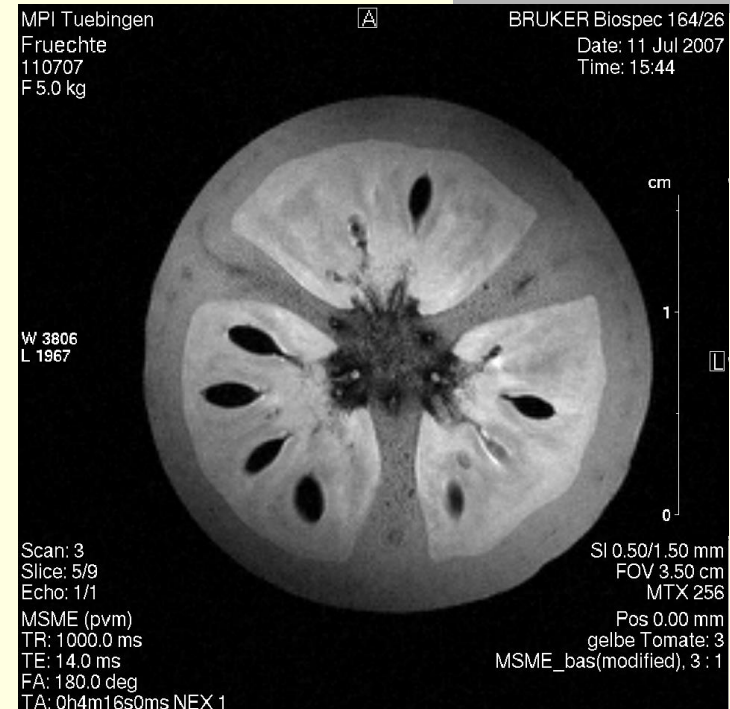
*Silva et al. J Cereb Blood Flow Metab
1999;19:871–879.*



High resolution MR images

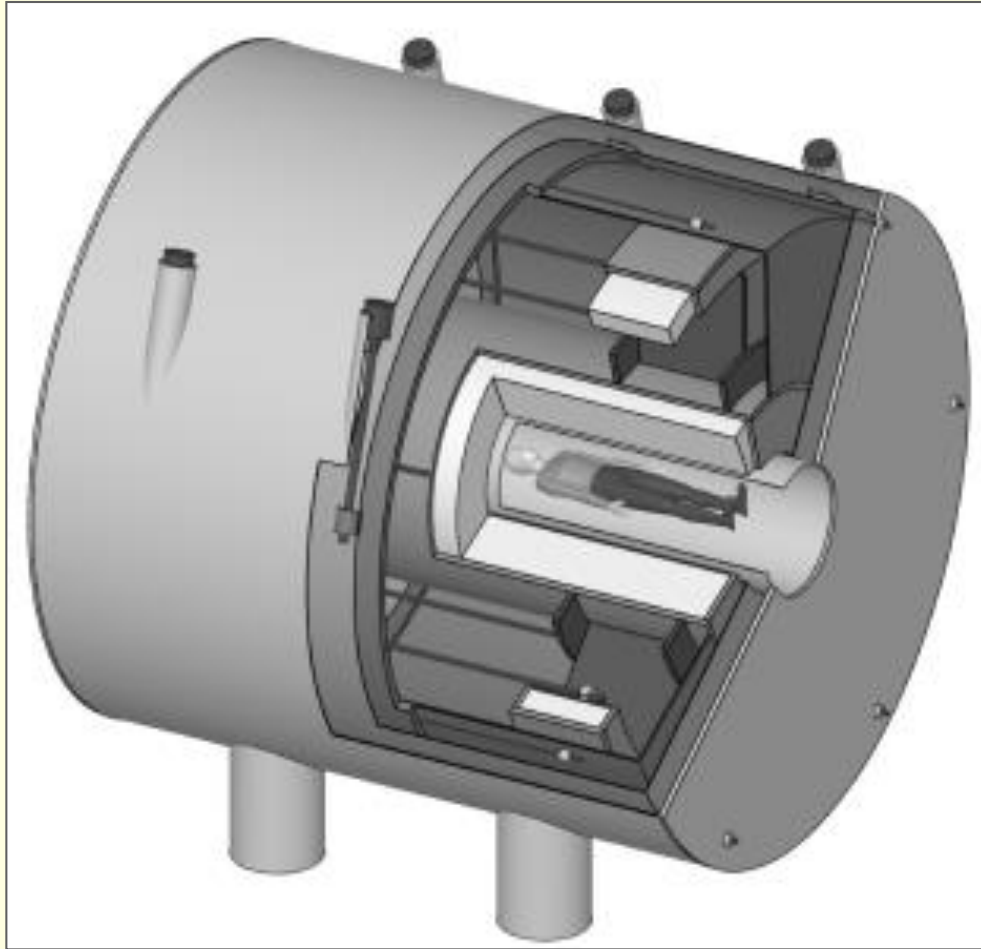


Historic MR image:
The Nottingham Orange
(1978)



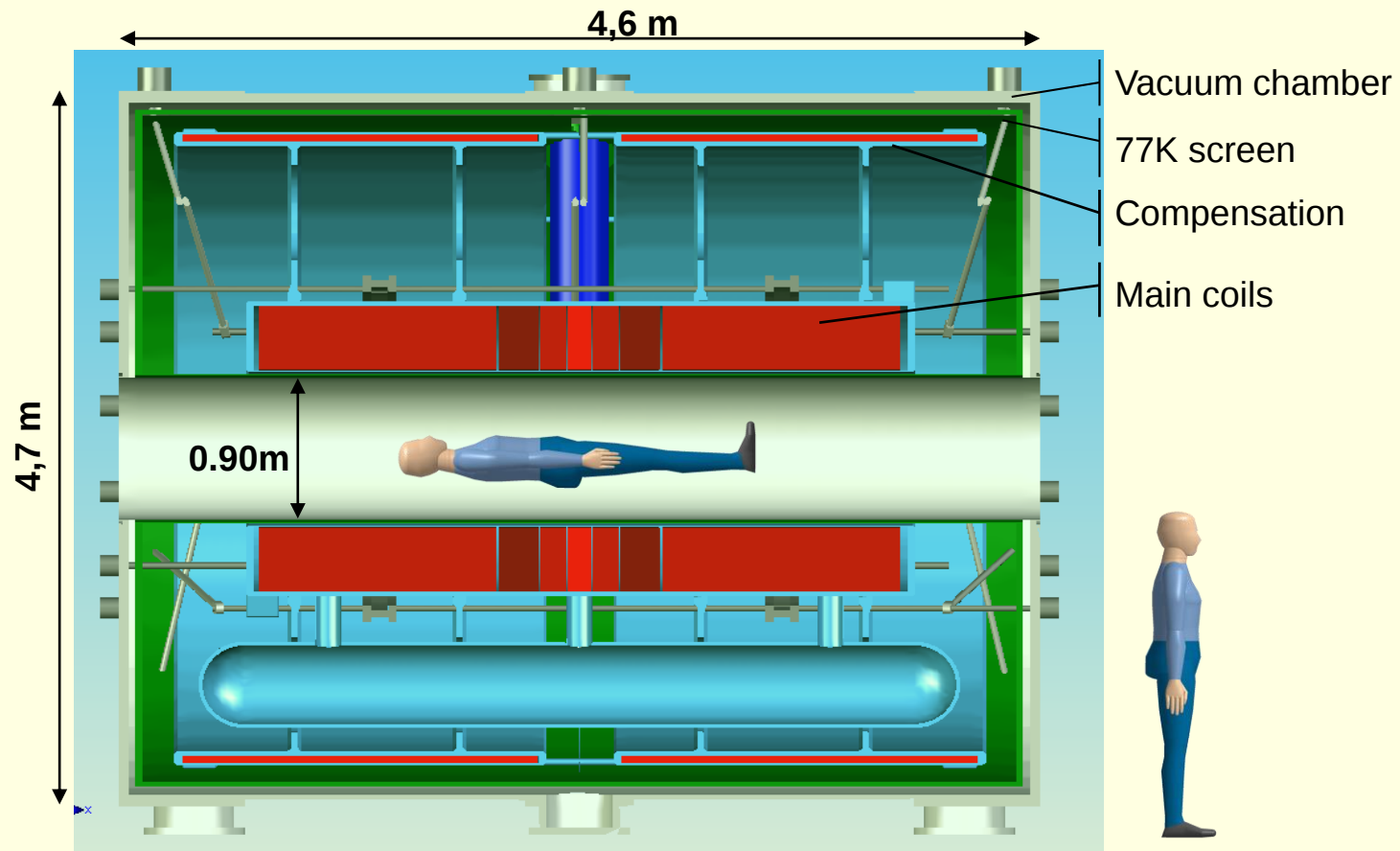
The Tübingen Tomato
(16.4 Tesla, resolution $\sim 100\mu\text{m}$)

The NeuroSpin project at CEA, France:



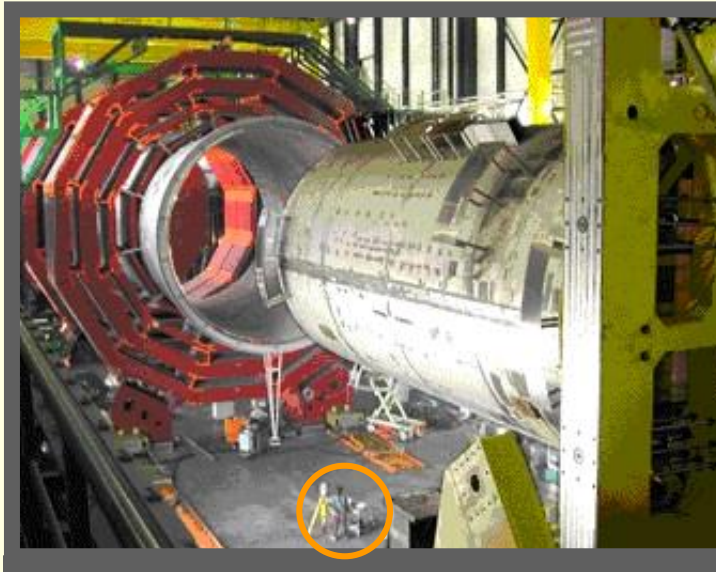
**wide bore
11.7 T
magnet**

The NeuroSpin project: wide bore 11.7 T magnet

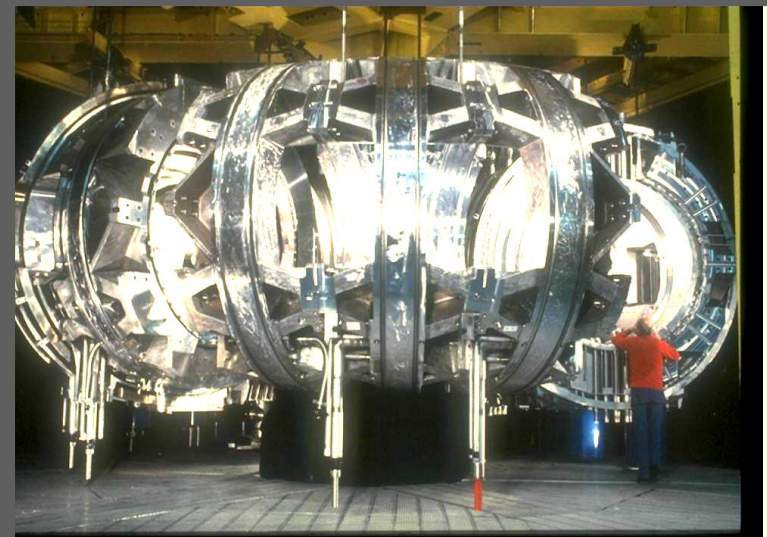


Superconducting Supermagnets „Monster Magnets“

Magnet installations for physics research by Alstom



12m long magnet
(6m bore diameter)



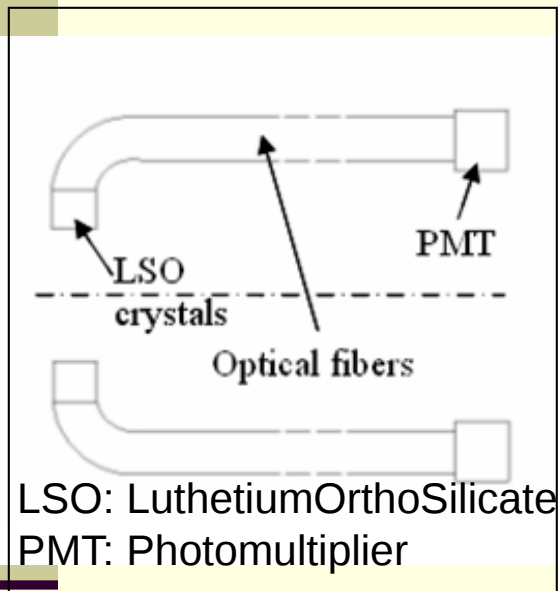
600 MJ « Tore » magnet
(nuclear fusion)

The new combination: PET-MR



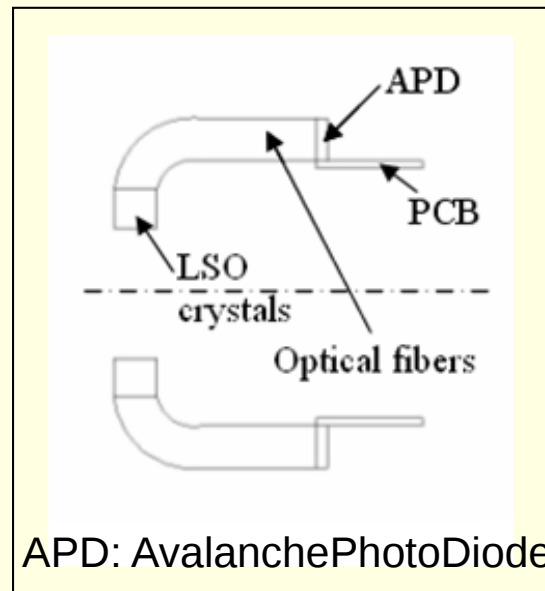
Approaches for Combined PET/MR

Fibers coupled to PMTs



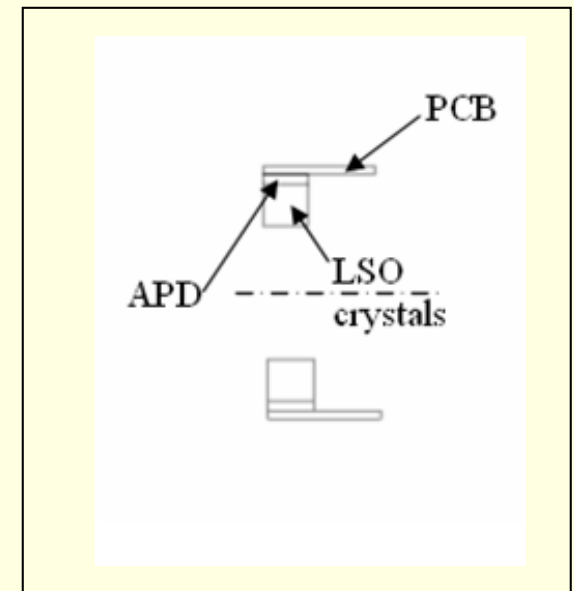
- **Least interference with MRI**
- **Limited axial FOV**

APDs coupled via short fibers



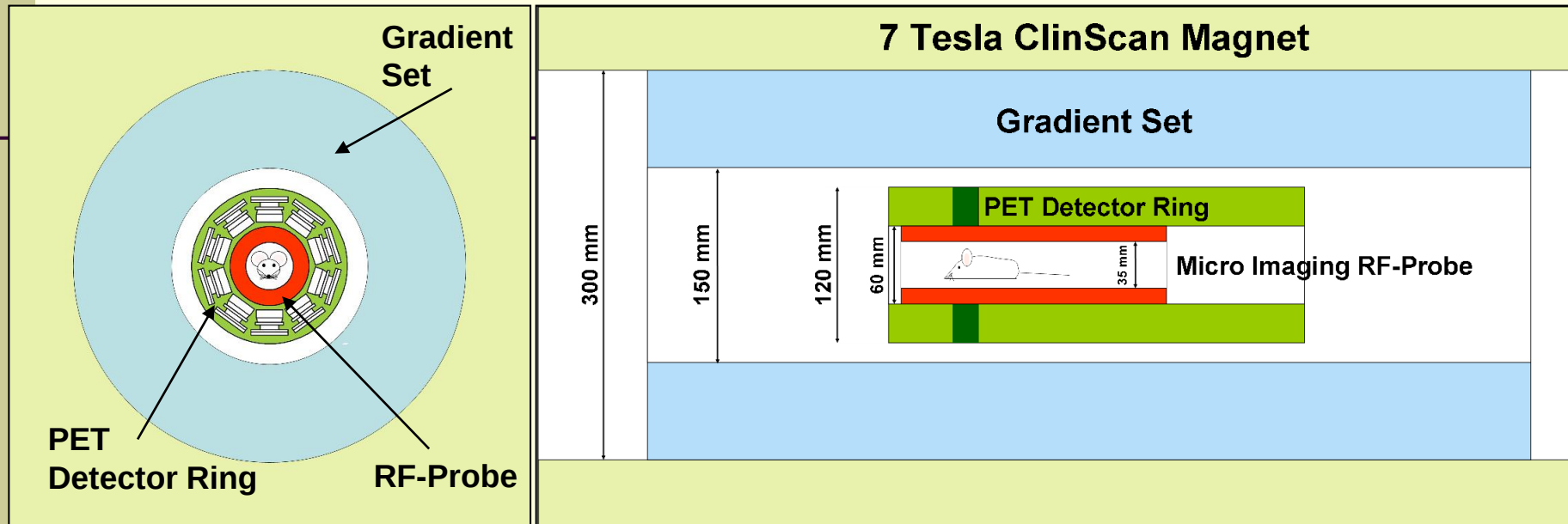
- **No metals in MRI FOV**
- **Limited axial FOV**

APDs directly coupled



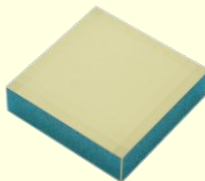
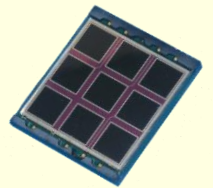
- **Compact design**
- **Metals in the field**

Design of the PET Insert



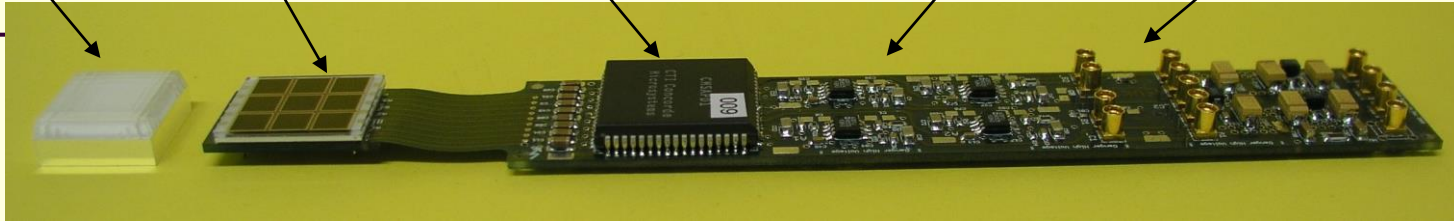
Configuration of the PET Insert:

- 12 x 12 LSO crystal blocks ($1.6 \times 1.6 \times 4.5 \text{ mm}^3$)
- 3 x 3 monolithic APD arrays (Hamamatsu).
- 10 detector blocks
- 19 mm axial FOV, 38 mm transaxial FOV
- micro Imaging RF-probe (35mm) (Bruker BioSpec) is used for MR imaging

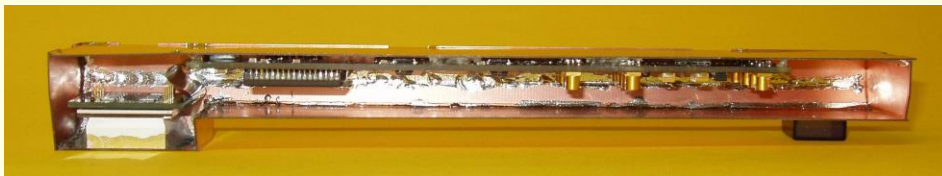


Detector Module Design

LSO block 3x3 APD array preamplifier buffer connectors



- 6-layer printed circuit board with flexible tip
- non magnetic parts used for population
- integrated charge sensitive preamplifier (Siemens) performance
 - rise time of 13.4 ns (test pulse with 12 ns rise time)
 - gain of 0.93 $\mu\text{V}/e^-$
 - rms noise 598 + 9.2 e^-/pF (150 ns shaper)
- 10 μm copper covered PCB material used as shielding.



Full PET-MR System

- 7 Tesla ClinScan MR system (Bruker, Germany)
- 10 detector blocks (at room temp.)
- Readout with Siemens-Quicksilver electronics

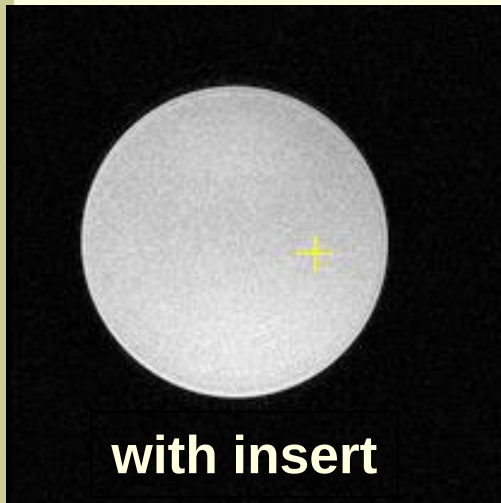


PET scanner parameters

Crystal size	1.6 x 1.6 x 4.5 mm ³
Crystal material	LSO
Number of detector blocks	10
Number of crystals per block / ring / total	144 / 120 / 1440
FOV axial / transaxial	19 mm / 38 mm
Coincidence timing resolution	8 ns
Resolution	< 2 mm

System Performance Test

Influence of the PET insert on the MR Imaging



TSE Sequence
TR 2500 ms
TE 43 ms
256 x 256

$$\text{Homogeneity} = 100 \times \left(1 - \frac{R_{\text{Max}} - R_{\text{Min}}}{R_{\text{Max}} + R_{\text{Min}}} \right)$$

Phantom images were acquired with and without PET insert

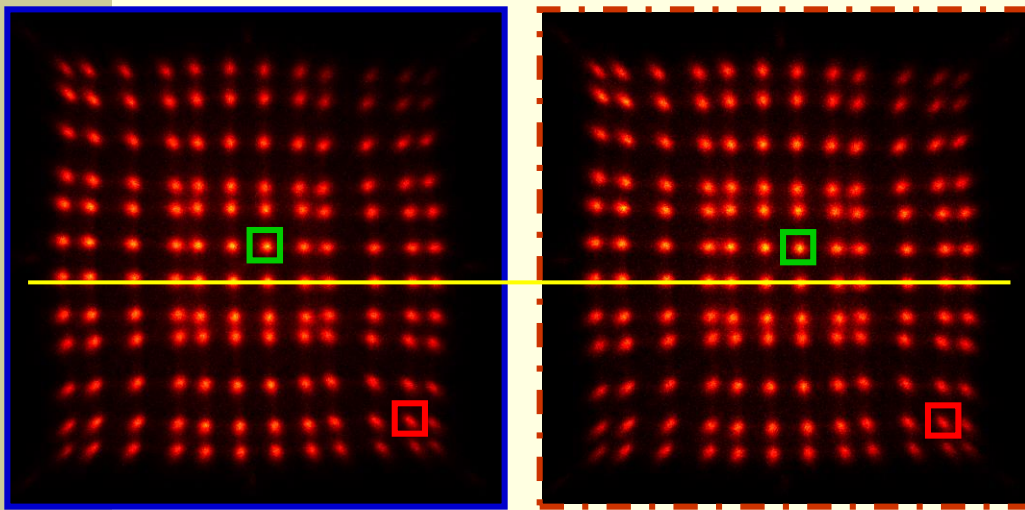
Sequence	TR ms	TE	SNR			Homogeneity		
			PET	no PET	change	PET	no PET	change
TSE	2500	43	50	61.8	-19%	85%	87%	-3%
GE	300	7.1	19.3	24.7	-22%	79%	77%	3%
GE	100	10	18.1	17.3	5%	70%	65%	8%

System Performance Test

Influence of the MR on the PET insert

Outside MR

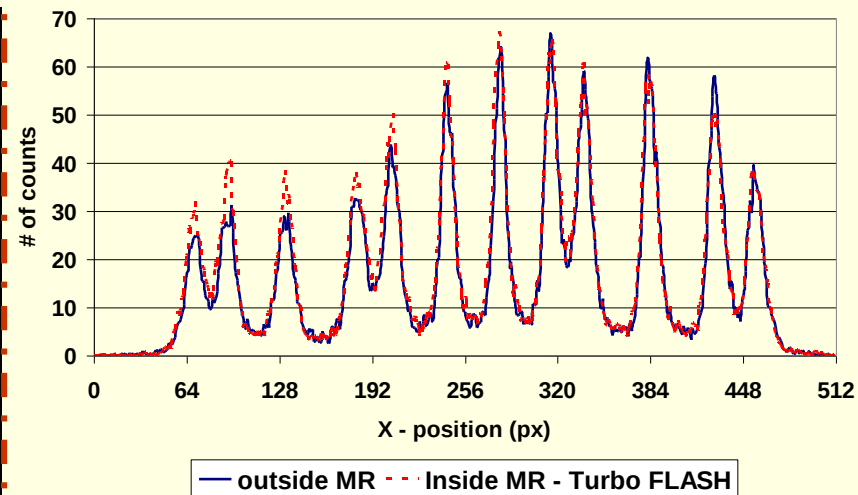
Inside MR



17.8% / 19.3 %

18.0 % / 20.1 %

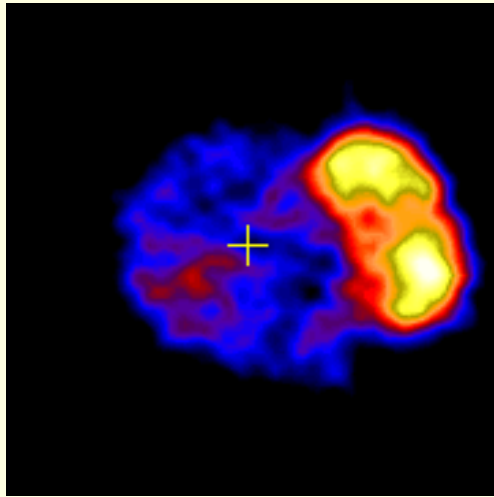
Energy resolution (@511 keV)



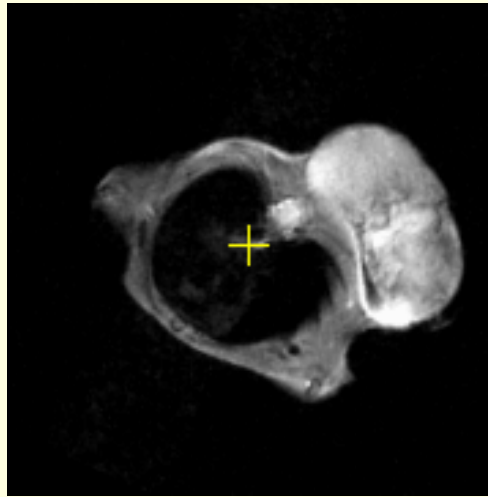
Position profiles of the PET insert were acquired outside and during MR imaging.

➤ No noticeable influence could be seen from the flood images

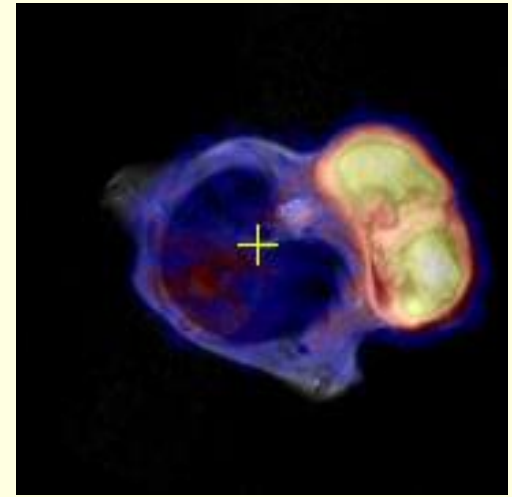
In-vivo static PET-MR Imaging



PET



MR

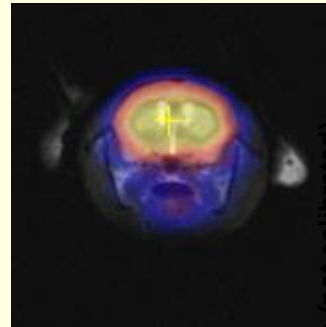
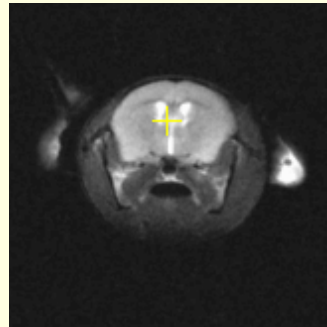
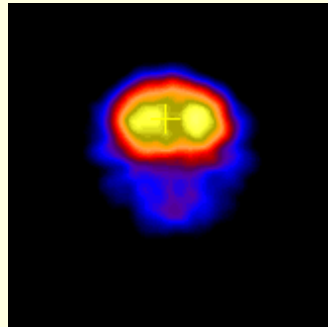


PET/MR

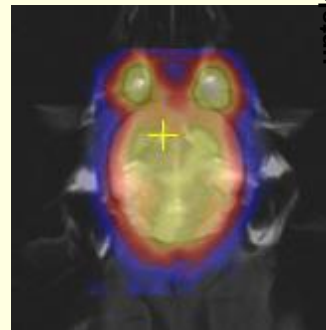
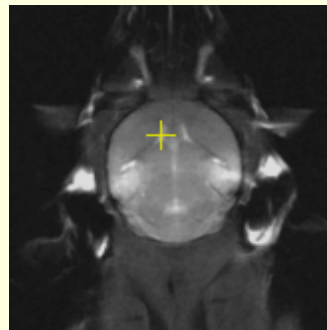
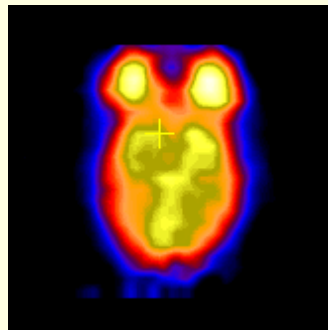
- 17 week old female Balb/C mouse – bearing CT26 tumor
- 280 μCi [^{18}F]-FLT (Fluor-Thymidine) Tracer
- 30 min scan after 60 min uptake (190 μCi)
- TSE MR sequence TR = 2770; TE = 42; 4 aver.;
256 x 256 matrix; 1mm slice thickness

In-vivo Dynamic PET-MR Imaging

transvers



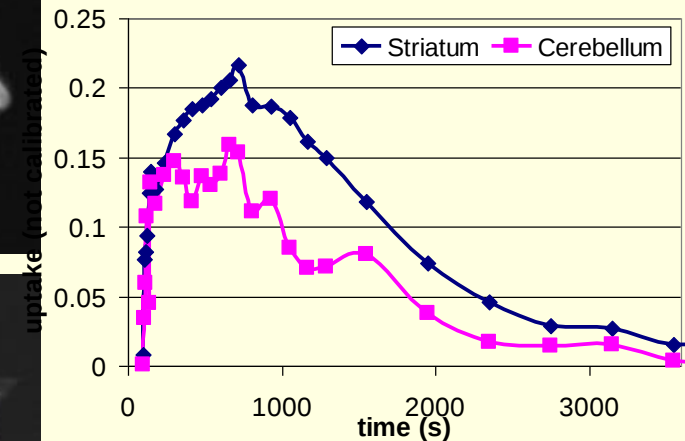
coronar



PET

MR

PET/MR



Logan plot of TACs
shows BP of 0.8

- female C57BL/6 mouse
- 580 μCi [^{11}C]-Methylphenidate (Dopamine transporter ligand)
- 60 min dynamic acquisition

TSE MR sequences TR = 2770; TE = 42; 256 x 256 matrix; 1mm slice



German Medical Physics Society's (DGMP) activity in MR

**How to improve knowledge
about the wonderful
MR technique?**

Take the MR to the people!

- MR-Simulator for PR-purpose
- Get young people interested in physics and specially in Medical Physics!!

The Future of MR is in the brain of young scientists!



Acknowledgements

- F. Schick, UKT Tübingen
- B. Pichler, UKT Tübingen
- K. Prüssmann, ETH Zürich
- R. Pohmann MPI for Biological Cybernetics, Tübingen
- W. Schlegel and L. Schad, DKFZ Heidelberg

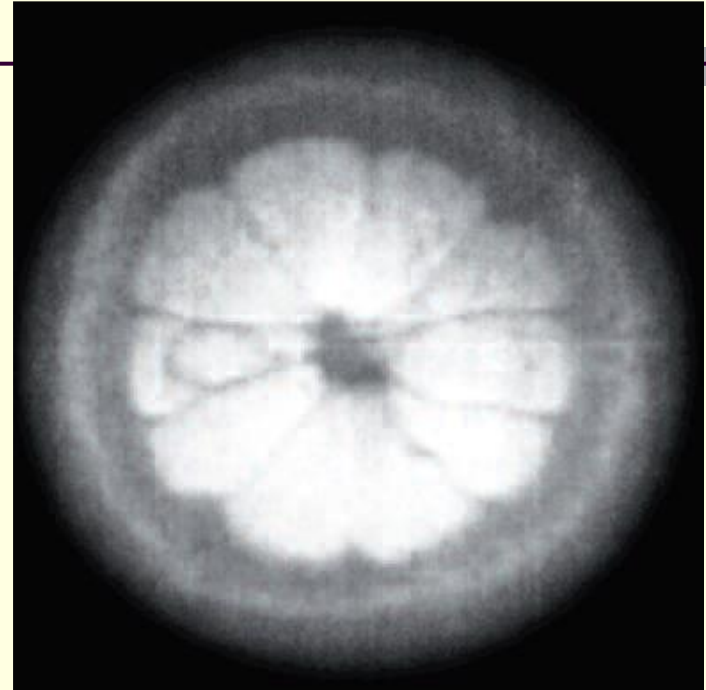
- Siemens
- Philips
- ESAOTE
- Bruker Biospin

Teşekkürler

Early MRI at Philips /NL



The Proton project team.
Jürgen Heinzerling holds the
special tool used to adjust
the magnet coils in the
shimming procedure.



The Nottingham Orange,
1978

RF wavelength in water for different field strengths

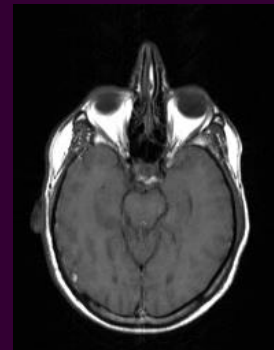
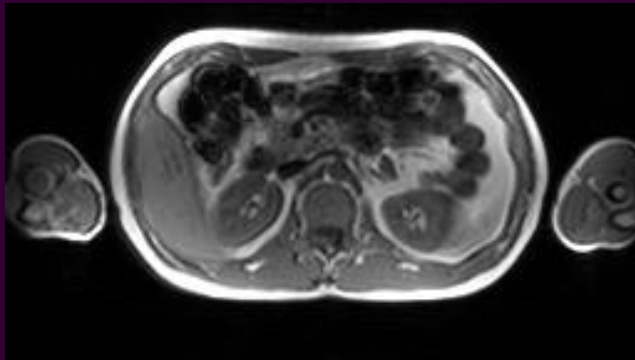
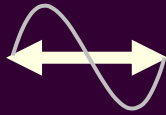
1.5 Tesla: $\lambda_{\text{H}_2\text{O}} = 52 \text{ cm}$



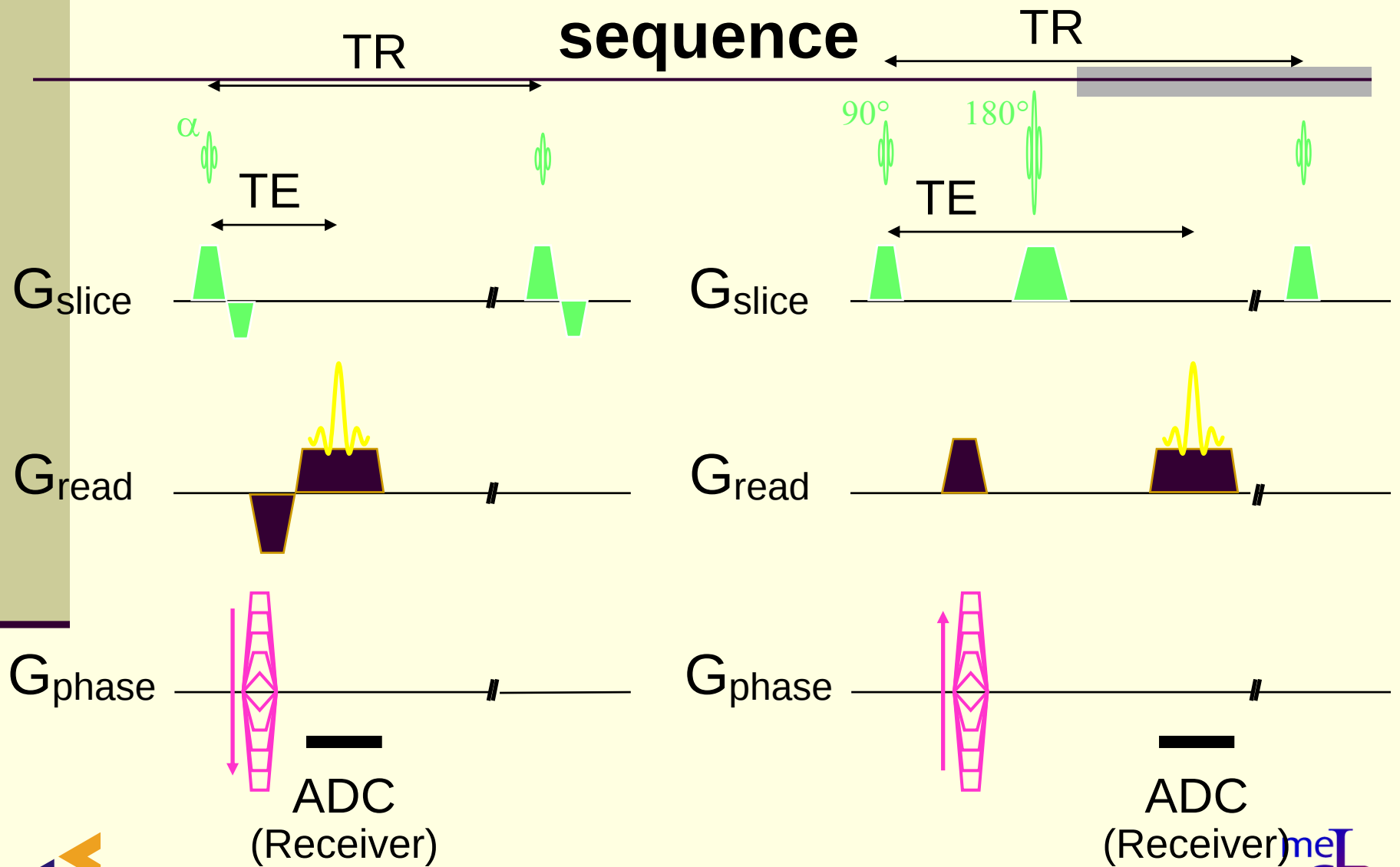
3.0 Tesla: $\lambda_{\text{H}_2\text{O}} = 26 \text{ cm}$



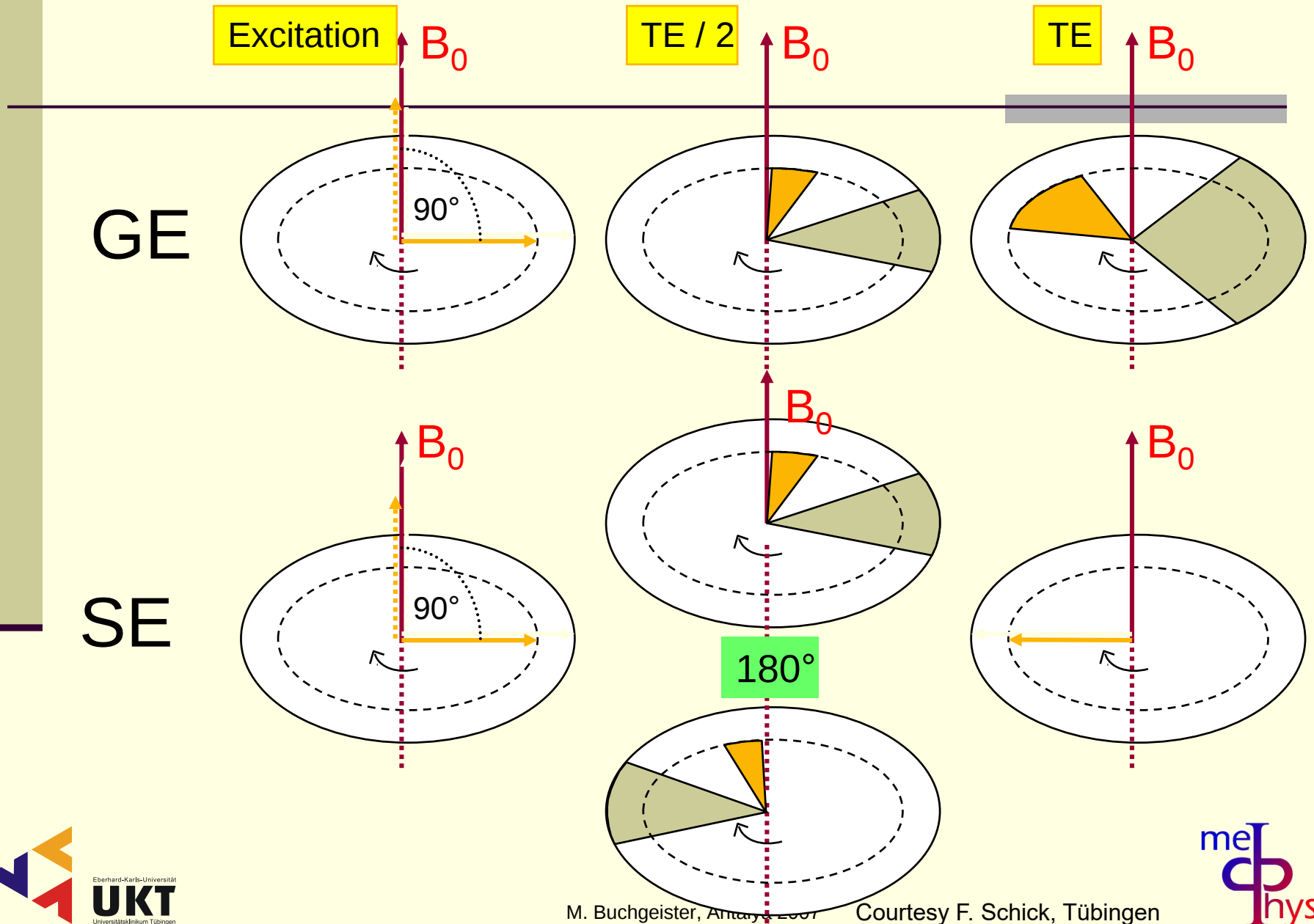
7.0 Tesla: $\lambda_{\text{H}_2\text{O}} = 11 \text{ cm}$



Gradient- and Spin echo- sequence

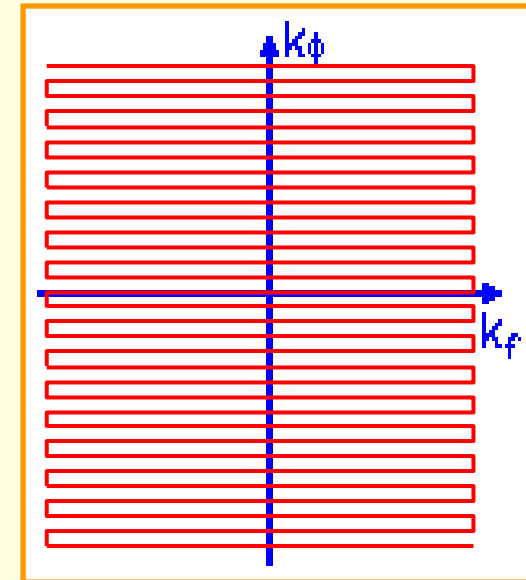
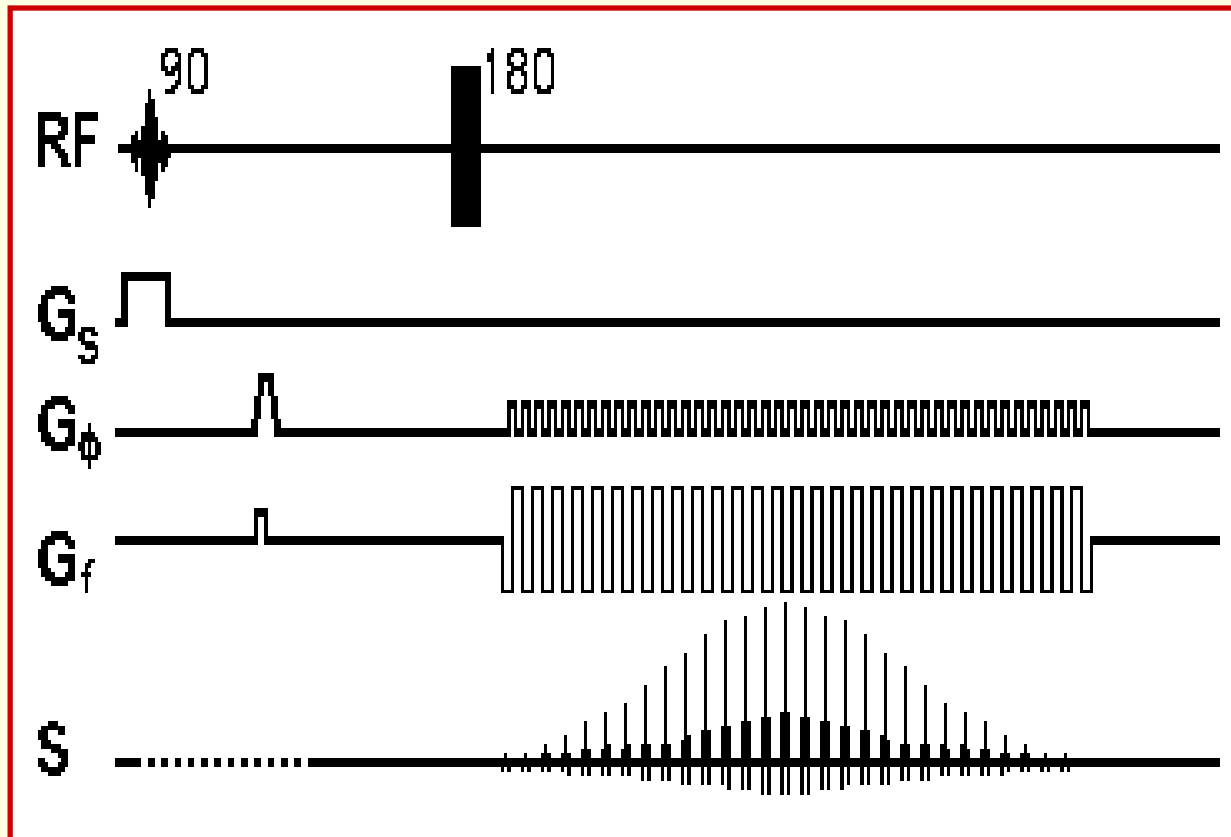


Dephasing of GE- and SE-sequences



Fast MR Imaging pulse sequences

Echo-Planar Imaging (EPI)



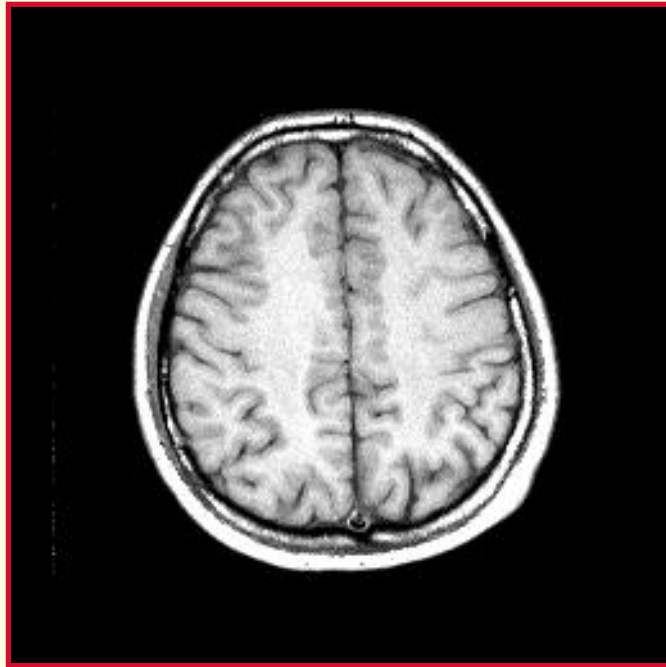
Fast MR Imaging pulse sequences

Echo-Planar Imaging (EPI)

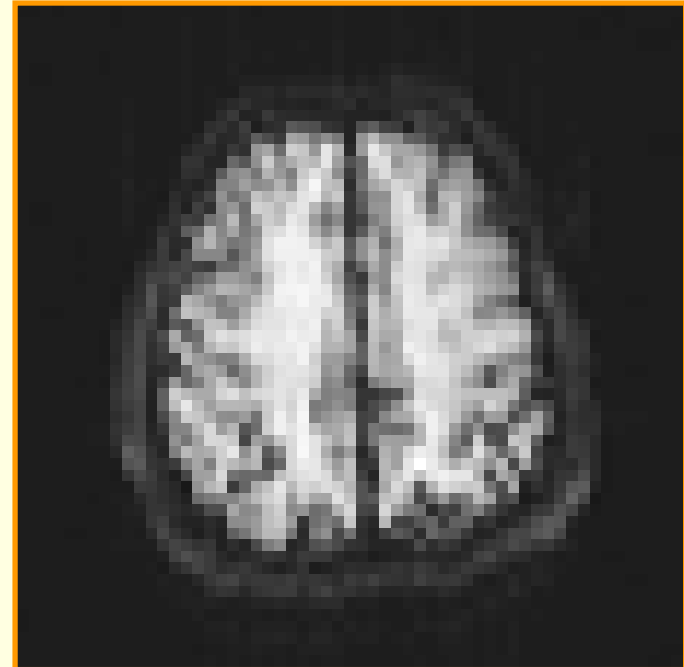
- The whole k-space is filled after one excitation
- A fast oscillating gradient (in read-out direction) is switched on
- Phase encoding is done by short gradient pulses (blips)
- Signal measuring should be done in about T_2^* time (T2 relaxation, inhomogeneities)
- Read gradients have to be switched fast

Fast MR Imaging pulse sequences

Echo-Planar Imaging (EPI)



SE-Tomogram
TA > 1 min



EPI-Tomogram
TA = 0,3 s

